

# Inspire Academy Menu – Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
➤ Breakfast Selection of cereal	➤ Breakfast Selection of cereal	➤ Breakfast Selection of cereal	➤ Breakfast Selection of cereal	➤ Breakfast Selection of cereal
➤ Break Milk and Biscuits	➤ Break Cheesy Garlic Bread	➤ Break Crumpets	➤ Break Pancakes	➤ Break Cheese and Tomato Bagels
➤ Lunch <b>Option 1</b> Beef Bolognaise Garlic Bread Seasonal Veg  <b>Option 2</b> Jacket Potato Coleslaw Cheese Beans Tuna Salad Bar	➤ Lunch <b>Option 1</b> Chicken Jambalaya Pitta Bread Seasonal Veg  <b>Option 2</b> Quesadillas BBQ Cheese and ham Salad Bar	➤ Lunch <b>Option 1</b> Roast Gammon Roast potatoes Yorkshire Puddings Stuffing Balls Seasonal Veg  <b>Option 2</b> Wraps Tuna Cheese Ham Tikka Salad Bar	➤ Lunch <b>Option 1</b> Southern Fried Chicken Strips Wedges Corn on the Cob  <b>Option 2</b> Baguettes Tikka Cheese Tuna Ham Salad Bar	➤ Lunch <b>Option 1</b> Steak Slices Sausage Rolls  <b>Option 2</b> Packed lunch Salad Bar
➤ Dessert Cheese and Crackers Fresh Fruit	➤ Dessert Doughnuts Fresh Fruit	➤ Dessert Banoffee pie Fresh Fruit	➤ Dessert Fruit Jelly & Ice cream Fresh Fruit	➤ Dessert Angel Delight Fresh Fruit
<b>Allergies:</b> • Dairy • Fish • Wheat & gluten • Soya	<b>Allergies:</b> • Dairy • Wheat & gluten	<b>Allergies:</b> • Dairy • Wheat & gluten • Fish • Soya	<b>Allergies:</b> • Dairy • wheat & gluten • Fish	<b>Allergies:</b> • Dairy • Wheat & gluten • Fish