Inspire Academy Menu – Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
> Breakfast	> Breakfast	> Breakfast	> Breakfast	➢ Breakfast
Selection of cereal	Selection of cereal	Selection of cereal	Selection of cereal	Selection of cereal
> Break	➢ Break	> Break	➢ Break	➢ Break
Milk and Biscuits	Cheesy Garlic Bread	Crumpets	Pancakes	Cheese and Tomato Bagels
> Lunch	> Lunch	> Lunch	> Lunch	> Lunch
Option 1 Tuna Pasta Bake Garlic Bread Seasonal Veg	Option 1 Spanish Omelette Tinned Tomatoes	Option 1 Roast Beef Roast Potatoes Yorkshire Puddings Stuffing Balls Seasonal Veg	Option 1 Fish Fingers Chips Spaghetti Hoops	Option 1 Sausage Baguettes
Option 2 Jacket Potato Coleslaw Cheese Beans Tuna Salad Bar	Option 2 Quesadillas BBQ Cheese and ham Salad Bar	Option 2 Wraps Tuna Cheese Ham Tikka Salad Bar	Option 2 Baguettes Tikka Cheese Tuna Ham Salad Bar	Option 2 Packed lunch Salad Bar
> Dessert	> Dessert	> Dessert	> Dessert	> Dessert
Angel Delight Fresh Fruit	Cream Cracker with Cheese Fresh Fruit	Chocolate Eclairs Fresh Fruit	Jelly & Ice cream Fresh Fruit	Doughnuts Fresh Fruit
 Allergies: Dairy Fish Wheat & gluten 	 Allergies: Dairy Wheat & gluten Soya 	 Allergies: Dairy Wheat & gluten Fish Soya 	 Allergies: Dairy wheat & gluten Fish 	 Allergies: Dairy Wheat & gluten Fish