

Inspire Academy Tuck

Monday

SAUSAGE ROLLS
VEGGIE SAUSAGE ROLLS

Tuesday

PIZZA BAGELS

Wednesday

BISCUITS & MILK

Thursday

CRUMPETS

Friday

PIZZA

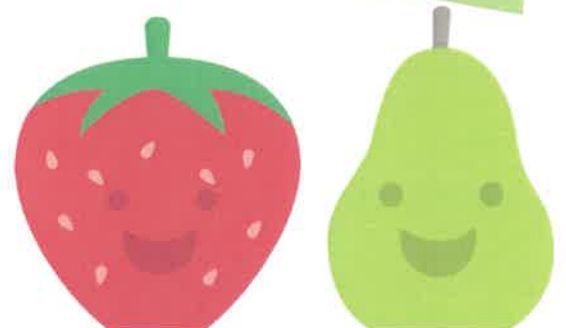
Available everyday
Fresh fruit, squash and water



Fresh
All our food is cooked
fresh each day

Healthy
Fruit available Daily.
Allergy charts
available

Checked
We always use
reputable suppliers
and where possible
use local produce



Inspire Academy

Monday

Macaroni Cheese
Garlic Bread & Salad

Cookies & Milk

Wraps

Tuesday

Chicken korma
Quorn korma
Rice
Sweetcorn
Apple Crumble & Custard

Baguettes

Wednesday

Roast Pork & Veggie option
Roast Potatoes, Seasonal Veg
Yorkshire Puddings Gravy

Wraps

Angel Delight

Thursday

Southern Fried Chicken
Veggie nuggets
Curly fries & Baked Beans
Jam Tart & Custard

Baguettes

Friday

Beef Burgers / Veggie Burgers
Cheese & Ham Panini
Choc chip Muffins

Wraps & Baguettes
Packed Lunches for
Rewards

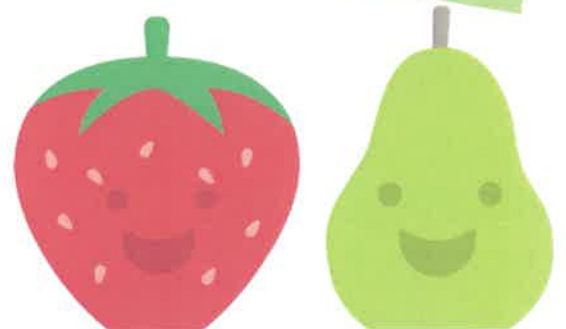
Week 1



Fresh
All our food is cooked
fresh each day

Healthy
Salad Bar available
Daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce



Available everyday
A healthy salad bar, fresh fruit and water

Inspire Academy

Week 2

Monday

Meat balls & Pasta
Quorn Meat balls
Garlic Bread & Salad
Blueberry Muffins

Wraps

Tuesday

Sweet & Sour pork /Quorn
Rice
Sweetcorn
Jam & Coconut Sponge with Custard

Baguettes

Wednesday

Roast Gammon / Veggie
Roast potatoes
Seasonal Vegetables
Yorkshire pudding
Doughnuts

Wraps

Thursday

Sausage Casserole
Veggie sausage Casserole
Mash
Peas & Gravy
Iced Sponge

Baguettes

Friday

Hot Dogs
Veggie Hot Dogs
Cheese & Ham Panini
Lemon cheesecake

Wraps
Baguettes
Reward packed lunches



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Available everyday
A healthy salad bar, fresh fruit, and water



Inspire Academy

Week 3

Monday

Sausage & Tomato Pasta
Veggie Sausage & Tomato Pasta
Garlic Bread & Salad
Rice Krispie Cakes

Wraps

Tuesday

Pork / Quorn in black bean sauce
Rice & Sweetcorn
Marble Sponge & Vanilla Sauce

Baguettes

Wednesday

Chicken in Gravy & Veggie option
Roast Potatoes Seasonal Veg &
Yorkshire Puddings
Angel Delight

Wraps

Thursday

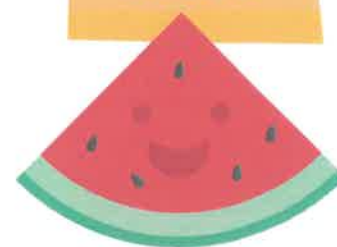
Fish fingers, Chips & Peas
Veggie option
Chocolate Sponge & Chocolate
Sauce

Baguettes

Friday

Chicken Slices
Cheese & Onion Slices
Cheese & Ham Panini
Doughnuts

Baguettes & Wraps
Packed Lunches for Rewards



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