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| **Personal Development Focus 2019/2020**  |
| **Term** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Focus** |
| **Focus** | * Spiritual, moral, social and cultural development

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| Students will take a sneak peek to how sports can help social cohesion.  |

 | * Healthy living
* British Values

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| **Healthy living** Students will begin to look at a diet plan presentation, which will teach them values about healthy eating. **British values**- Students will begin to take a look at the barriers stopping people participating in sports in relation to the respect and tolerance British value.  |

 | * Equality and diversity

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| Students will examine the barriers for LGBT+ people participating in sport and create posters for the rainbow laces campaign.  |

 | * Careers guidance.

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| Students will be shown the sports job sector and taught what kind of jobs they can get in sport. |

 | * Citizenship

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| Students will get together and organise organize a sporting event for the school.  |

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 | * Preparation for next stage

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| Students will take a look at how a sports qualification can help them get into apprenticeships and get a job in the sports sector.  |

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| **Professional visiting** |
| **Focus** | Leisure centre  | Sports coach Nutritionist  | LGBT sports coach  | Careers advisorCareers fair | Motivational speakerPeer mentor | Motivational speaker  |
| **Offsite visit** |
| **Focus** | Leisure centre  | Healthy Restaurant  | LGBT athletics day  | Open recruitment days | Award ceremony  | The gym group Sports college  |