

Inspire Academy

Monday

Chicken & Tomato Pasta

Quorn & Tomato Pasta
Garlic Bread & Salad
Cookies & Milk

Wraps

Tuesday

Shepherd's Pie

Veggie Mince Shepherd's Pie
Seasonal Veg
Apple Crumble

Baguettes

Wednesday

Roast Gammon & Veggie option
Roast Potatoes, Seasonal Veg
Yorkshire Puddings Gravy

Wraps

Angel Delight

Thursday

Southern Fried Chicken
Veggie nuggets
Curly fries & Baked Beans
Jam Tart & Custard

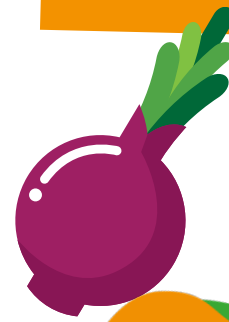
Baguettes

Friday

Peri Peri Style chicken
Peri Peri style Quorn
Coconut Rice & Sweetcorn
Doughnuts

Wraps & Baguettes Packed Lunches for Rewards

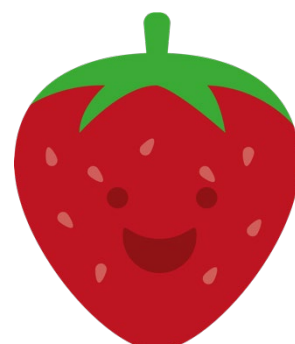
Week 1



Fresh
All our food is cooked
fresh each day

Healthy
Salad Bar available
Daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce



Available everyday
A healthy salad bar, fresh fruit and water

Menu

Inspire Academy

Monday

Sausage & Tomato Pasta
Veggie Sausage & Pasta
Garlic Bread & Salad
Blueberry Muffins

Wraps

Tuesday

Minced Beef Burrito's
Veggie mince Burrito's
Corn on the Cob
Lemon love cakes & Custard

Baguettes

Wednesday

Roast Beef, Veggie opt
Roast potatoes
Seasonal Vegetables
Yorkshire pudding
Banoffee Pie

Wraps

Thursday

Sausages & Veggie
sausages Mash
peas & Gravy
Iced Sponge

Baguettes

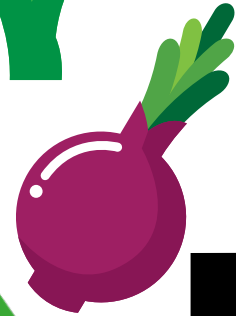
Friday

Lasagne & Veggie option
Salad
Coleslaw
Oat cookies & Milk

Wraps
Baguettes
Reward packed lunches

Available everyday
A healthy salad bar, fresh fruit, and water

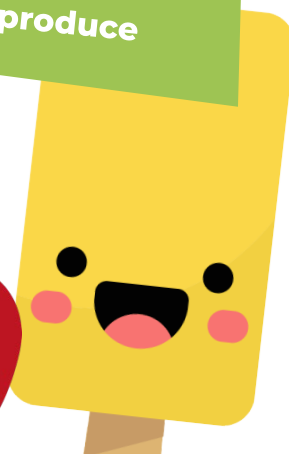
Week 2



Fresh
All our food is cooked
fresh each day

Healthy
Salad bar available
daily. Allergy charts
available.

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Menu

Inspire Academy

Monday

Tuna Arrabbiata Pasta

Garlic Bread & Salad
Rice Krispies Cakes

Wraps

Tuesday

Chilli-Con- Carne & Veggie option
Jackets
Salad
Marble Sponge & Vanilla Sauce

Baguettes

Wednesday

Roast Pork & Veggie option
Roast Potatoes Seasonal Veg &
Yorkshire Puddings
Angel Delight

Wraps

Thursday

Fish in Batter, Chip & Peas
Chocolate Sponge & Chocolate
Sauce

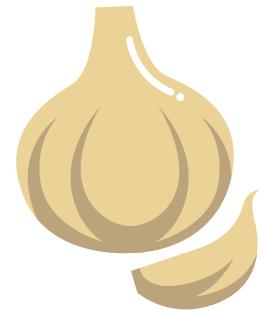
Baguettes

Friday

Toad in the Hole, Veggie option
Mash, Seasonal Veg & Gravy
Doughnuts

Baguettes & Wraps
Packed Lunches for Rewards

Week 3

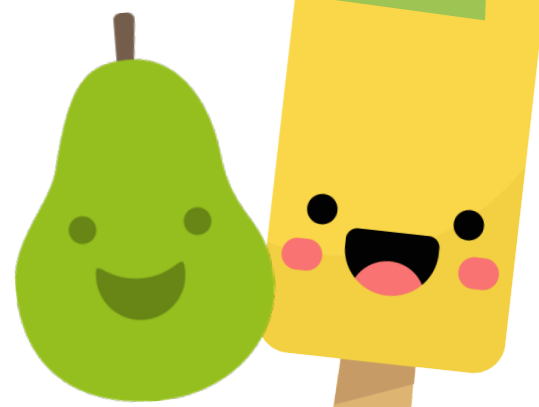


Fresh
All our food is cooked
fresh each day

Healthy
Salad bar available
daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce

Available everyday
A healthy salad bar, fresh fruit, and water.



Menu