

## Personal Development 2021-2022

Personal Development Themes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Spiritual, moral, social and cultural development	- Healthy living - British Values	- Equality and diversity	- Careers guidance	- Citizenship	- Preparation for next stage

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 9</b>	Taking part in a wide range of sports & able to accept differing opinions & views.	Learning how exercise contributes to a healthy lifestyle.	Encouraging & supporting others to engage in sport & exercise.	Exploring the careers available in the sport & fitness industry.	Develop respect, fairness & responsibility through sport.	Learning how to manage emotions through sport.
<b>Year 10</b>	Working with others. Accepting differing points of view & opinions.	Learning how exercise contributes to a healthy lifestyle.	Encouraging & supporting others to engage in sport & exercise.	Developing leadership skills and how the skills developed through sport can contribute towards career opportunities.	Develop respect, fairness & responsibility through sport.	Learning how to manage emotions through sport.
<b>Year 11</b>	Working with others. Accepting differing points of view & opinions.	Learning how exercise contributes to a healthy lifestyle.	Encouraging & supporting others to engage in sport & exercise.	Developing leadership skills and how the skills developed through sport can contribute towards career opportunities.	Learning how to manage themselves & developing respect for others through sport.	