

Personal Development 2021-2022

Personal Development Themes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Spiritual, moral, social and cultural development	- Healthy living - British Values	- Equality and diversity	- Careers guidance	- Citizenship	- Preparation for next stage

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
All Pe Year Groups 7 8 9 10 11	<p>One of the biggest things we promote in sport is enjoyment; this partly achieved through students understanding their own strengths and using these in sport to gain an advantage. Also, through watching and appreciating the work of other students in school and the wider world. Students are encouraged to reflective on their own work in all PE lessons in order to promote skill acquisition. Students are encouraged to be creative in their sports performances and team strategies: whether this is playing a competitive match</p>	<p>British values are defined as including: “democracy, the rule of law, individual liberty and mutual respect and tolerance for those with different faiths and beliefs”</p> <p>PE enables students to experience individual liberty by deciding how far to devote themselves to a sport. they will also be aware that by participating in a sport they limit their liberty. This may be while they participate but it may equally be through accepting that they will need to attend training and matches or games. This may also extend</p>	<p>Equality is about recognising and removing the barriers faced by people involved, or wanting to be involved in sport. It is about changing the culture of sport to one that values diversity and enables the full involvement of disadvantaged groups in every aspect of sport.</p>	<p>Plan your future. Gain personal insight into careers in sport, health & fitness.</p> <p>Careers in sports · Athlete · Sports coach/sports instructor · Sports development officer · PE teacher · Sports lawyer · Sports physiotherapist · Sports therapy.</p>	<p>Holding one's self and others in high regard. .These lessons can extend beyond the playing field to a healthy respect for others' talents and abilities, and a high regard for one's own integrity. Teachers/Coaches can help athletes apply these concepts to their lives outside of sports.</p>	<p>Encourage Teamwork. One of the biggest things that students today need to succeed at work is the ability to work as a team. ... Be Future-Focused. Teach Complex Thinking Skills. Prep for College and Career. Round Out the Curriculum.</p>

Personal Development 2021-2022

	<p>or performing a routine.</p> <p>Students are taught the laws of the games they take part in and are expected to respect these whilst playing. They are also encouraged to take on the role of officials to actively reinforce the laws. Cheating and consequences are also explored.</p> <p>All students work in groups or as part of a whole team to promote social skills, such as communication, teamwork, leadership. They must learn to respect their teammates and the opposition; showing tolerance for the less able and how to make those individual included. Students are taught the importance of sportsmanship and</p>	<p>to accepting limitations on their diet and lifestyle if they reach higher levels on competition. Sports men and women will set personal targets and will use their individual liberty to progress towards them or they will use their individual liberty to decide not to take the actions which are needed to achieve them and in doing so will take the consequences. Students should be encouraged to see how their progress towards their own individual goals can be both impinged and improved by the action of both the teacher and their peers. Mutual respect and an atmosphere of tolerance help to produce an environment that is</p>				
--	--	---	--	--	--	--

Personal Development 2021-2022

	<p>how to effectively resolve conflict.</p> <p>During Sports lesson the students are exposed to different activities from around the world and teachers draw students attention towards countries that perform on the world stage. Extracurricular clubs allow students to play against students from diverse backgrounds to their own. By doing so students learn to accept and respect cultural differences.</p>	<p>conducive to individual progress. Again, these ideas can then be made explicit to the students, and translated to a social context. Student or apprentices will discuss their options after completing their courses. This provides an opportunity to refer to individual liberty to make choices about developing their careers or progressing in education. They will also be able to discuss the extent to which they give up freedoms to achieve what they want in life e.g. complying with the rules of the organisations in which they work and complying with then rule of law</p>				
--	--	--	--	--	--	--