

Personal Development 2021-2022

Personal Development Themes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Spiritual, moral, social and cultural development	- Healthy living - British Values	- Equality and diversity	- Careers guidance	- Citizenship	- Preparation for next stage

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Prince Trust	<p>Respect pupils' different religious and other backgrounds. a developing understanding of feelings and emotions which causes us to reflect and to learn for all pupils, a developing recognition that their insights, principles, beliefs, attitudes and values should influence, inspire or guide them in life.</p>	<p>British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. This ensures young people understand the importance of respect and leave school fully prepared for life in modern Britain.</p> <p>The core elements of a healthy Living include access to healthcare, healthy food and physical activity, clean air and water, and education about making healthy choices</p>	<p>Equality and diversity, or multiculturalism, is the idea of promoting and accepting the differences between people. More specifically, equality is about ensuring individuals are treated fairly and equally, no matter their race, gender, age, disability, religion or sexual orientation.</p>	<p>Given to individuals to help them acquire the knowledge, information, skills, and experience necessary to identify career options, and narrow them down to make one career decision. This career decision then results in their social, financial and emotional well-being throughout.</p>	<p>Gives people the knowledge and skills to understand, challenge and engage with democratic society including politics, the media, civil society, the economy and the law.</p>	<p>Be prepared and organized. Present yourself professionally. Communicate Effectively Manage your time wisely. build business relationships. utilize, engage, network, participate. the advantage of preparation is that you can manage problems more quickly and more efficiently because you will already have the solutions at hand ready to be implemented. The important factor</p>

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