|  |
| --- |
| **KEY WORDS** |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Subject** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 9** | TeamworkEncourage SupportFeedback Communication | Healthy lifestyle Fruit & vegetablesProteinFats DairyMenuRecipeIngredients Carbohydrates | HealthFitnessSportExercise Warm-up InjuryRisk  | CV Job application form Guidance Interests SalaryInterview | Project CommunitySupport Charity InclusiveEvaluate Organise Feedback | Personal Individual Organise AssessEvidence Feedback |
| **Year 10** | TeamworkEncourageSupportFeedbackCommunicationDescribe Explain | Healthy lifestyle Fruit & vegetablesProteinFats DairyMenuRecipeIngredients Carbohydrates | HealthFitnessSportExercise Warm-up InjuryRisk Barrier | CareerPlacement Health & safety Application form TransportEvaluate Punctual  | Project CommunitySupport Charity InclusiveEvaluate Organise Feedback | Personal ConfidenceCommunicationSelf-esteem Body language Non-Verbal Stress management |
| **Year 11** | TeamworkEncourageSupportFeedbackCommunicationDescribe Explain | Healthy lifestyle Fruit & vegetablesProteinFats DairyMenuRecipeIngredients CarbohydratesDescribeExplain | HealthFitnessSportExercise Warm-up InjuryRisk  | CareerPlacement Health & safety Application form TransportEvaluate Punctual  | Personal Individual Organise AssessEvidence FeedbackDescribe Explain |  |