

Inspire Academy

Monday

Chicken & Tomato Pasta

Quorn & Tomato Pasta
Garlic Bread & Salad
Cookies & Milk

Wraps

Tuesday

Shepherd's Pie

Veggie Mince Shepherd's Pie
Seasonal Veg
Apple Crumble

Baguettes

Wednesday

Roast Gammon & Veggie option
Roast Potatoes, Seasonal Veg
Yorkshire Puddings Gravy

Wraps

Angel Delight

Thursday

Southern Fried Chicken
Veggie nuggets
Curly fries & Baked Beans
Jam Tart & Custard

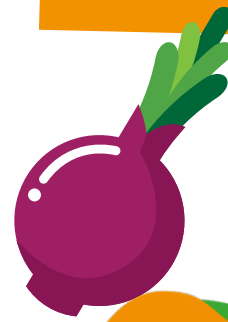
Baguettes

Friday

Steak Slices, New Potatoes and
Sweetcorn .
Cheese & Onion slices New
Potatoes and Sweetcorn

Wraps & Baguettes **Packed Lunches for** **Rewards**

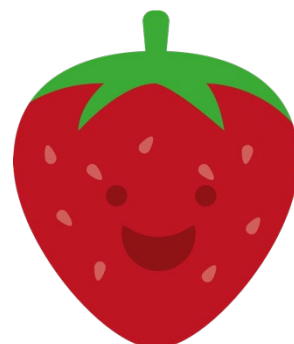
Week 1



Fresh
All our food is cooked
fresh each day

Healthy
Salad Bar available
Daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce



Available everyday
A healthy salad bar, fresh fruit and water

Menu

Inspire Academy

Monday

Sausage & Tomato Pasta
Veggie Sausage & Pasta
Garlic Bread & Salad
Blueberry Muffins

Wraps

Tuesday

Minced Beef Burrito's
Veggie mince Burrito's
Corn on the Cob
Jam & Coconut Sponge
with Custard

Baguettes

Wednesday

Roast Beef, Veggie opt
Roast potatoes
Seasonal Vegetables
Yorkshire pudding
Banoffee Pie

Wraps

Thursday

Sausages & Veggie
sausages Mash
Peas & Gravy
Iced Sponge

Baguettes

Friday

Veggie Burgers / Beef
Burgers, Chips .
Salad
Coleslaw
Oat cookies & Milk

Wraps
Baguettes
Reward packed lunches

Week 2



Fresh
All our food is cooked
fresh each day

Healthy
Salad bar available
daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce



Available everyday
A healthy salad bar, fresh fruit, and water

Menu

Inspire Academy

Monday

Minced beef bolognese
Veggie Mince bolognese

Garlic Bread & Salad
Rice Krispies Cakes

Wraps

Tuesday

Chicken and vegetable Pie, New Potatoes & Vegetables
Quorn and Vegetable pie
Marble Sponge & Vanilla Sauce

Baguettes

Wednesday

Roast Pork & Veggie option
Roast Potatoes Seasonal Veg & Yorkshire Puddings
Angel Delight

Wraps

Thursday

Fish in Batter, Chip & Peas
Chocolate Sponge & Chocolate Sauce

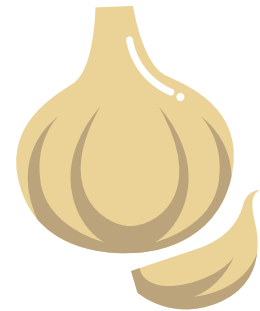
Baguettes

Friday

Sausage Rolls, Veggie option
Mash, Baked Beans
Doughnuts

Baguettes & Wraps
Packed Lunches for Rewards

Week 3

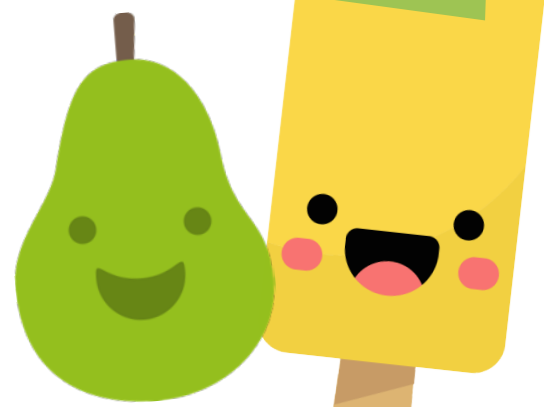


Fresh
All our food is cooked
fresh each day

Healthy
Salad bar available
daily. Allergy charts
available.

Checked
We always use
reputable suppliers
and where possible
use local produce

Available everyday
A healthy salad bar, fresh fruit, and water.



Menu