

Yearly Overview 2026/27 – Occupational Studies

	Autumn 1	<i>Why are you delivering this topic at this time of year?</i>	Autumn 2	<i>Why are you delivering this topic at this time of year?</i>	Spring 1	<i>Why are you delivering this topic at this time of year?</i>	Spring 2	<i>Why are you delivering this topic at this time of year?</i>	Summer 1	<i>Why are you delivering this topic at this time of year?</i>	Summer 2	<i>Why are you delivering this topic at this time of year?</i>
Yr 9	Unit 59	This unit is delivered at the start of the year to promote engagement, build relationships and encourage active participation. It provides learners with practical experiences that support personal development and establishes a foundation for understanding fitness and health.	Unit 59	Learners build upon skills introduced in Autumn 1 and begin reflecting on their strengths and areas for development. The longer term allows time for practical assessment evidence to be gathered.	Unit 59	This follows naturally from participation in sport, allowing learners to link their practical experiences to fitness planning and personal health.	Unit 60	Learners are now ready to apply their knowledge and independently plan fitness programmes based on their own needs and goals.	Unit 60	The summer term provides opportunities for outdoor activities and practical fitness sessions that support the delivery of fitness programmes.	This term allows learners to consolidate learning, gather final evidence and prepare for progression into Year 10 Occupational Studies.	I am delivering athletics to support our students in the build up to sports day. This is going to be done during the summer as the weather conditions benefit the sports.
Yr 10	Leisure Activities	This unit is delivered at the beginning of the academic year to build confidence, engagement and positive relationships. It encourages learners to	Feeding and Watering a Horse	This practical unit promotes responsibility, independence and attention to detail. It is delivered early in the year to develop workplace behaviours and	Taking Part in a Sport	Following the practical animal care unit, learners move into physical activities that promote health, wellbeing and social development whilst providing	Planning a Fitness Programme	This unit follows naturally from participation in sport, enabling learners to apply their knowledge and	Problem Solving in the Workplace	As learners approach the end of Year 10, they are ready to develop higher-level employability skills. This unit supports preparation for future	Teamwork and time management: This final unit consolidates key employability skills	I am delivering athletics to support our students in the build up to sports day.

		explore new experiences and supports wellbeing whilst establishing key Occupational Studies skills.		practical vocational skills that can be transferred to future units.		opportunities to gather practical assessment evidence.		understanding of physical activity to plan and evaluate fitness programmes.		employment and develops independence and resilience. enjoyed by most students again leading to teamwork within the classes.	required for Year 11, further education and employment. Learners develop the organisation and teamwork skills needed for successful transitions beyond school.	
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