

Yearly Overview

Subject: NCFE L1 Occ Studies	Autumn 1	<i>Why are you delivering this topic at this time of year?</i>	Autumn 2	<i>Why are you delivering this topic at this time of year?</i>	Spring 1	<i>Why are you delivering this topic at this time of year?</i>
Yr 9	Taking part in sport.	It is the first unit of the qualification and will look at expanding knowledge in a chosen sport.	Taking part in sport.	Students plan activities based around their sport and the knowledge they have gained around their sport in term 1.	Taking part in sport.	Students are required to evaluate their performance and knowledge in their chosen sport. This will be an evaluation of all skills and knowledge developed in terms 1 & 2.

Spring 2	<i>Why are you delivering this topic at this time of year?</i>	Summer 1	<i>Why are you delivering this topic at this time of year?</i>	Summer 2	<i>Why are you delivering this topic at this time of year?</i>
Planning a fitness programme	This is the start of the second unit of the qualification. Students will begin to learn the components of fitness and improve their knowledge around fitness programmes.	Planning a fitness programme	This is the second part of the second unit. Students will begin a 6 week fitness programme to implement their planned fitness sessions.	Planning a fitness programme	This is the final part of the second unit. Students will evaluate their fitness programme and look at the ways in which they overcame barrier to achieving their fitness programme.