Pick an activity and complete it (many of these can be completed at home). Write up about your experiences here and even attach photographs telling me what you did if you can!

|  |  |
| --- | --- |
| What I/we did |  |
| Who it involved and the equipment we used |  |
| Would you recommend this activity to others? Why/Why not? |  |
| Overall enjoyment rating of the activity out of 10 (10 being the highest, 1 the lowest |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Activity |  | Start date |  |
| Name |  | End date |  |

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| Name |  | End date |  |

List of activities :

Lead a group through an activity

Travel independently on public transport

Send an email

Repair something that is broken

Write a speech

Vote in a school election

Write a CV

Interview or be interviewed by someone

Visit a local charity and find out how you can support them

Sell something at a car boot sale

Complete an enterprise project

Work voluntarily for a day

Write and record a piece of music

Sleep under canvas

Referee or coach a sporting event

Cook a meal for another person

Watch the sun set

Watch the sun rise

Buy something online

Visit a new city

Take part in a debate

Mentor a younger pupil

Learn a new style of dance

Make and launch an air powered rocket

Visit a water treatment plant/recycling centre

Go orienteering

Do a blind folded taste test

Visit an airport

Make a model

Visit a science laboratory

Use a washing machine

Raise money for charity

Put on a performance

Make something from papier mache

Learn some sign language

Complete an application form

Write in hieroglyphics

Pick litter in your local area

Plan and cook a meal

Complete a bike safety course

Make soup

Bring in an item for show and tell

Write and perform a poem

Perform in a play

Watch a play or a dance production

Learn basic first aid

Visit a London landmark

Make a sculpture

Take part in a sporting tournament

Go rock climbing

Walk through a forest

Learn about a new religion and visit a new place of worship

Make up your own game and teach it to someone

Visit a museum

Skim stones

Visit a castle

Swim a length

Learn to sew on a button

Watch a live sporting event

Take part in a treasure hunt

Compose a piece of music

Eat a meal with others, using cutlery

Eat something you’ve not tried before

Ride a horse

Design and make a board game

Climb a tree

Look at something under a microscope

Read a transport timetable

Make a musical instrument

Go on a bike ride

Participate in a water sport

Make something out of wood

Cook outdoors

Learn to play a game of cards

Go on a river boat

Produce rubbings of fossils

Try yoga

Eat something you have grown

Visit an art gallery

Stay away from home for a night

Visit a market

Play a board game

Learn a poem off by heart

Take a trip to the seaside

Bake a cake

Buy something and check your change

Write a weather report

Build a bridge and test its strength

Become a nature detective

Dress up as a superhero

Tie your own shoe laces

Dig up a vegetable

Pick some fruit

Get soaking wet in the rain

Go bird watching

Learn how to say ‘hello’ in another language

Walk barefoot on the sand or grass

Start a collection and share it with your class

Walk to a local landmark

Make a mask

Go on an Easter egg hunt

Make some biscuits

Try a food from a different country

Make a puppet

Borrow a book from a library

Discover what is in a pond

Create some art for an exhibition/competition

Look up at the stars on a clear night

Go to a theatre performance

Go on a hunt for some insects or small creatures

Make a home for an insect or small creature

Create a class collage

Create a comic strip

Take part in a play

Roll down a steep hill

Make a daisy chain

Build a den