

WEEK 1 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	2 + 3	
2	89 + 11	
3	What is half of 6?	
4	125 – 10	
5	177 + 🗆 = 270	
6	53 = 23 + □	
7	805 – 804	
8	4 × 1 = 4, so 4 ÷ 4 = □	
9	Write 20:12 in 12 hour clock format	
10	9:37 pm is how many minutes after 9:08 pm?	
	Total out of 10	

TIMESTABLES – do these in your head

Q	Question	Answer
1	2 × 9 = □	
2	24 ÷ 3 = □	
3	10 × □ = 80	
4	6 ÷ □ = 3	
5	1 × 2 = □	
6	28 ÷ 7 = □	
7	□ × 6 = 54	
8	□ ÷ 2 = 5	
9	3 × 9 = □	
10	4 ÷ 4 = □	
Tot	al out of 10	

Q	Question	Answer
1	61 × 31	
2	657 – 382	
3	7.2 × 94.2	
4	0.7 as a fraction	
5	46.15 + 5.08	
6	(-40) ÷ (-4)	
7	If $a = 4 b = 3$ and $c = 1$, what is the value of $3a - b^2$?	
8	3 - (-5)	
9	What is the highest common factor of 12 and 4?	
10	What is the value of 13 squared?	
	Total out of 10	

What's your Score? Fill in your scores in the boxes and calculate it now!	MENTAL STRATEGIES: TIMESTABLES: KEY SKILLS:	+
MY NINJA BELT:	NINJA SCORE:	



WEEK 2 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	□ + 6 = 10	
2	What is double 5?	
3	Halve 63	
4	26 + 30	
5	98 + 99	
6	22 + 10 = 22 + 8 + \Box	
7	3 + 223	
8	20 + 61 = 20 + 60 + \Box	
9	□ + 3 = 5	
10	□ + 2 = 20	
	Total out of 10	

TIMESTABLES – do these in your head

Q	Question	Answer
1	9 × 5 = □	
2	10 ÷ 2 = □	
3	8 × □ = 8	
4	16 ÷ □ = 4	
5	8 × 4 = □	
6	15 ÷ 3 = □	
7	□ × 2 = 12	
8	□ ÷ 7 = 1	
9	5 × 8 = □	
10	14 ÷ 2 = □	
Tot	al out of 10	

Q	Question	Answer
1	3905 ÷ 5	
2	7 + 25 ÷ 5	
3	2.013 ÷ 0.1	
4	2.26 × 1000	
5	34 – 0.74	
6	Write 56/72 in its simplest form	
7	Difference between 4 and -4	
8	Value of the dot? 0 10	
9	What is the lowest common multiple of 4 and 5?	
10	What is the cube root of 27?	
	Total out of 10	

What's your NIN Score? Fill in your scores in the boxes	MENTAL STRATEGIES:	
and calculate it now!	TIMESTABLES:	
	KEY SKILLS:	
MY NINJA BELT:	NINJA SCORE:	





MINUTE SKILL CHECK

WEEK 3 SESSION 1 - Answer as many questions as you can in 5 mins

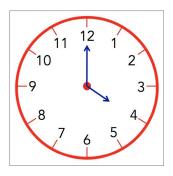
MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	□ + 13 = 20	
2	Double 96	
3	79 + 10	
4	120 – 80	
5	8 = 7 + 🗆	
6	13 − 10 = 13 − 3 − □	
7	85 + 85 = 85 × □	
8	What is the time on the clock?	am
9	8 + 2	
10	81 + □ = 100	
Total out of 10		

TIMESTABLES do these in your head

Q	Question	Answer
1	6 × 6 = □	
2	3 ÷ 3 = □	
3	4 × □ = 32	
4	4 ÷ □ = 4	
5	5 × 4 = □	
6	45 ÷ 9 = □	
7	□ × 7 = 28	
8	□ ÷ 6 = 9	
9	4 × 5 = □	
10	48 ÷ 8 = □	
Tot	al out of 10	



KEY SKILLS - you may use written calculations for these questions

Q	Question	Answer
1	2757 + 5432	
2	$4^2 + 2 \times 4$	
3	Write Four Thousand, Three Hundred and Twenty in digits	
4	5.94 ÷ 10	
5	1 × (-8)	
6	Round 0.7475 to 1 d.p.	
7	1 + (-9)	
8	Round 0.4559 to 2 s.f.	
9	Letter at (-2, -2) y A B C D E F G H J K L M N P × X Q R S T U V W X Y Z	
10	10/1 = □/4	
	Total out of 10	

What's your NINJ Score?

Fill in your scores in the boxes and calculate it now!

MY NINJA BELT:

MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:

SCORE:





WEEK 4 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	3 + 2	
2	□ + 25 = 100	
3	What is half of 8?	
4	150 – 10	
5	191 + □ = 210	
6	97 = 60 + □	
7	135 – 132	
8	$5 \times 8 = 40$, so $40 \div 5 = \Box$	
9	Write 20:11 in 12 hour clock format	
10	07:52 is how many minutes after 07:06?	

TIMESTABLES – do these in your head

Q	Question	Answer
1	2 × 7 = □	
2	6 ÷ 3 = □	
3	3 × □ = 21	
4	56 ÷ □ = 8	
5	10 × 9 = □	
6	30 ÷ 10 = □	
7	□ × 4 = 16	
8	□ ÷ 9 = 6	
9	10 × 8 = □	
10	90 ÷ 10 = □	
Tot	al out of 10	

Q	Question	Answer
1	What is 3/9 of 54?	
2	964 × 9	
3	1444 – 982	
4	3.2 × 8.25	
5	8/10 as a decimal number	
6	82.23 + 7.27	
7	36 ÷ (-6)	
8	If $a = 1$ $b = 3$ and $c = 4$, what is the value of $4b^3$?	
9	10 – (-9)	
10	Is 5 a factor of 21?	
	Total out of 10	

What's your Score? Fill in your scores in the boxes and calculate it now!	MENTAL STRATEGIES: TIMESTABLES:	
MY NINJA BELT:	KEY SKILLS:	





5 MINUTE SKILL CHECK

WEEK 5 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	□ + 9 = 10	
2	What is double 6?	
3	Halve 24	
4	143 + 60	
5	94 + 97	
6	41 + 10 = 41 + 9 + \Box	
7	1 + 700	
8	31 + 47 = 30 + 40 + □	
9	What is double 56?	
10	What is half of 4?	
Total out of 10		

TIMESTABLES – do these in your head

Q	Question	Answer
1	7 × 10 = □	
2	21 ÷ 3 = □	
3	3 × □ = 18	
4	5 ÷ □ = 1	
5	1 × 2 = □	
6	30 ÷ 3 = □	
7	□ × 2 = 8	
8	□ ÷ 3 = 6	
9	3 × 6 = □	
10	63 ÷ 7 = □	
Tot	al out of 10	

Q	Question	Answer
1	What is 25% of £190?	
2	6146 ÷ 7	
3	4 + 5 × 1	
4	462.2 ÷ 5	
5	1000 × 0.64	
6	69.12 – 9.2	
7	Write 35/49 in its simplest form	
8	10 – 10	
9	Value of the dot? 12 15	
10	What is the lowest common multiple of 6 and 8?	
	Total out of 10	

What's your Score? Fill in your scores in the boxes and calculate it now!	MENTAL STRATEGIES: TIMESTABLES: KEY SKILLS:	+
MY NINJA BELT:	NINJA SCORE:	





MINUTE SKILL CHECK

WEEK 6 SESSION 1 - Answer as many questions as you can in 5 mins

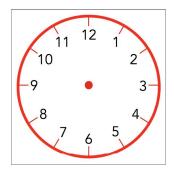
MENTAL STRATEGIES -

do these in your head

Q	Question	Answer	
1	17 + □ = 20		
2	What is double 36?		
3	89 + 10		
4	143 – 20		
5	5 = 4 + 🗆		
6	14 − 7 = 14 − 4 − □		
7	56 + 56 = □ × 56		
8	Draw hands on the clock face showing 7:05 pm		
9	What is double 9?		
10	Halve 48		
-	Total out of 10		

TIMESTABLES do these in your head

Q	Question	Answer
1	5 × 10 = □	
2	18 ÷ 6 = □	
3	9 × □ = 63	
4	32 ÷ □ = 4	
5	5 × 9 = □	
6	3 ÷ 3 = □	
7	□ × 3 = 24	
8	□ ÷ 3 = 10	
9	1 × 3 = 🗆	
10	10 ÷ 5 = □	
Total out of 10		



KEY SKILLS - you may use written calculations for these questions

Q	Question	Answer
1	What is the value of (-15) squared?	
2	986 + 3175	
3	√64 + 8 ÷ 8	
4	Write 780026 in words. (Use the opposite page for your answer)	
5	13.089 ÷ 1000	
6	(-1) × (-6)	
7	Round 6.5254 to 2 d.p.	
8	10 + (-5)	
9	Round 0.006435 to 1 s.f.	
10	Letter at (-2, -2) A B C D E F G H J K L M N P X Q R S T U V W X Y Z	
	Total out of 10	

What's your **NINII** Score?

Fill in your scores in the boxes and calculate it now!

MY NINJA BELT:

MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:



WEEK 7 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	4 + 1	
2	66 + □ = 100	
3	What is half of 6?	
4	122 – 10	
5	56 + □ = 90	
6	56 = 26 + □	
7	199 – 194	
8	$10 \times 5 = 50$, so $50 \div 10 = \Box$	
9	Write 2:15 pm in 24 hour clock format	
10	From 15:09, how many minutes until 15:30?	
Total out of 10		

TIMESTABLES – do these in your head

Q	Question	Answer
1	9 × 5 = □	
2	60 ÷ 6 = □	
3	2 × □ = 16	
4	10 ÷ □ = 1	
5	9 × 10 = □	
6	12 ÷ 2 = □	
7	□ × 5 = 20	
8	□ ÷ 4 = 6	
9	8 × 3 = □	
10	18 ÷ 6 = □	
Tot	al out of 10	

Q	Question	Answer
1	List all the factors of 2	
2	What is 1/2 of 8?	
3	65 × 38	
4	11661 – 7509	
5	8.2 × 3.5	
6	173.2% as a decimal number	
7	13 + 4.5	
8	40 ÷ (-10)	
9	If a = 4 b = 5 and c = 7, what is the value of 3b - 2a?	
10	7 – (-5)	
	Total out of 10	

What's your NINTA Score?	MENTAL STRATEGIES:	
Fill in your scores in the boxes and calculate it now!	TIMESTABLES:	
	KEY SKILLS:	+
MY NINJA BELT:	NINJA SCORE:	





5 MINUTE SKILL CHECK

WEEK 8 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

Q	Question	Answer	
1	8 + 2		
2	What is double 4?		
3	What is half of 33?		
4	174 + 70		
5	57 + 58		
6	68 + 11 = 68 + 2 + \square		
7	5 + 822		
8	79 + 52 = 79 + 50 + □		
9	152 + 10		
10	44 – 10		
	Total out of 10		

TIMESTABLES – do these in your head

Q	Question	Answer
1	6 × 7 = □	
2	2 ÷ 2 = □	
3	10 × □ = 90	
4	2 ÷ □ = 1	
5	4 × 5 = □	
6	45 ÷ 9 = □	
7	□ × 6 = 42	
8	□ ÷ 2 = 3	
9	9 × 1 = □	
10	7 ÷ 7 = 🗆	
Tot	al out of 10	

Q	Question	Answer
1	List the first 4 multiples of 5	
2	What is 65% of £100?	
3	4890 ÷ 5	
4	8 + 4 ÷ 1	
5	5.4 ÷ 2	
6	100 × 0.97	
7	26.93 – 4.83	
8	Simplify 3/18	
9	(-7) + 2	
10	Value of the dot?	
	•	
	0 10	
	Total out of 10	

What's your Score? Fill in your scores in the boxes and calculate it now!	MENTAL STRATEGIES: TIMESTABLES: KEY SKILLS:	
MY NINJA BELT:	NINJA SCORE:	





5 MINUTE SKILL CHECK

WEEK 9 SESSION 1 - Answer as many questions as you can in 5 mins

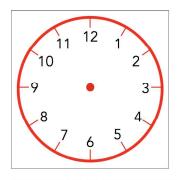
MENTAL STRATEGIES -

do these in your head

Q	Question	Answer
1	□ + 12 = 20	
2	What is double 94?	
3	168 + 10	
4	45 – 20	
5	9 = 3 + 🗆	
6	14 − 6 = 14 − 4 − □	
7	39 = 39 × □	
8	Draw hands on the clock face showing 11:10 pm	
9	63 – 10	
10	197 + 40	
-	Total out of 10	

TIMESTABLES – do these in your head

Q	Question	Answer
1	7 × 3 = □	
2	80 ÷ 10 = □	
3	3 × □ = 9	
4	16 ÷ □ = 8	
5	10 × 2 = □	
6	16 ÷ 8 = □	
7	□ × 9 = 9	
8	□ ÷ 7 = 7	
9	4 × 8 = □	
10	20 ÷ 4 = □	
Tot	al out of 10	



KEY SKILLS – you may use written calculations for these questions

Q	Question	Answer
1	What is the value of 4 ³ ?	
2	1/5 = 9/□	
3	3903 + 6770	
4	(8 + 3) × 5	
5	Write 881034 in words. (Use the opposite page for your answer)	
6	0.98 ÷ 100	
7	(-5) × (-8)	
8	Round 6.5893 to 2 d.p.	
9	5 + (-8)	
10	Round 423 to 2 s.f.	
	Total out of 10	

What's your Score?

Fill in your scores in the boxes and calculate it now!

MY NINDA BELT:

MENTAL STRATEGIES:

TIMESTABLES:

KEY SKILLS:





WEEK 10 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES -

do these in your head

$4 + \Box = 5$ $31 + \Box = 100$ What is half of 6? 20 - 10 $34 + \Box = 120$	
What is half of 6? $20 - 10$ $34 + \Box = 120$	
6? 20 - 10 34 + \square = 120	
34 + □ = 120	
93 = 33 + □	
123 – 418	
$8 \times 10 = 80$, so $80 \div 8 = \square$	
Write 22:11 in 12 hour clock format	
12:25 is how many minutes after 12:20?	
1	12 hour clock ormat 12:25 is how many minutes

TIMESTABLES – do these in your head

Q	Question	Answer
1	1 × 5 = □	
2	12 ÷ 4 = □	
3	10 × □ = 70	
4	7 ÷ □ = 1	
5	7 × 1 = □	
6	2 ÷ 2 = □	
7	□ × 10 = 30	
8	□ ÷ 3 = 3	
9	9 × 5 = □	
10	70 ÷ 10 = □	
Total out of 10		

Q	Question	Answer
1	(-4) - (-9)	
2	Letter at (-2, -1) y A B C D E F G H J K L M N P × X Q R S T U V W X Y Z	
3	What is 1/1 of 10?	
4	4 × 607	
5	1270 – 914	
6	3 × 2	
7	93/100 = □%	
8	3.66 + 35.33	
9	5 ÷ (-5)	
10	If $a = 3 b = 1$ and $c = 6$, what is the value of $a^2b^3 + 2c$?	
	Total out of 10	

What's your NINJA S	ooxes	MENTAL STRATEGIES: TIMESTABLES:	
and calculate it now		KEY SKILLS:	+
MY NINJA BELT:		SCORE:	

