

Isle of Ely Autumn Menu 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 30/08/21 20/09/21 11/10/21 08/11/21 29/11/21	Option 1	Macaroni Cheese	Chicken in a Bun with Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Slice	Fish Fingers with Chips
	Option 2	Vegetable Wraps with Rice	Cheese and Tomato Pizza with Wedges	Vegetable Wellington, Roast Potatoes and Gravy	Tomato Pasta with Garlic Slice	Vegan Sausage in a Roll with Chips
	Option 3	Jacket Potato with Cheese and or Beans	Tomato Pasta	Cheese Baguette	Jacket Potato with Cheese	Ham Baguette
	Dessert	Toffee Apple Crumble with Custard	Mandarin Jelly	Apple, Cheese and Biscuits	Apple, Cheese and Biscuits	Oaty Cookie
Week Two 06/09/21 27/09/21 18/10/21 15/11/21 06/12/21	Option 1	Cheese and Tomato Pizza with Potatoes	Beef Pasta Bake	Roast Pork , Stuffing, Roast Potatoes and Gravy	Chicken in a Tomato Sauce with Rice	Fish in Batter with Chips
	Option 2	Vegetable Tagine with Cous Cous	Vegetable Curry with Rice	Quorn Roast Fillet, Roast Potatoes and Gravy	Vegetarian Lasagne	Vegan Sausage Roll with Chips
	Option 3	Tuna Mayonnaise Baguette	Falafel Wrap	Jacket Potato with Bean Chilli	Spaghetti with a Tomato Sauce	Jacket Potato with BBQ Beans
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Peach Sponge and Custard	Mandarins and Ice Cream
Week Three 13/09/21 04/10/21 01/11/21 22/11/21 13/12/21	Option 1	Vegan Meatballs in a Tomato Sauce with Rice	Sausage Roll with Wedges	Roast Turkey, Stuffing, Roast Potatoes and Gravy	Chicken Pie with Mashed Potatoes	Ham and Cheese Pizza with Chips
	Option 2	Vegetable Tortilla Stack with Rice	Shepherdess Pie	Vegetable and Lentil Loaf, Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	Vegan Burger in a Bun with Chips
	Option 3	Jacket Potato with Beans and or Cheese	Cheese Baguette	Tomato Pasta	Jacket Potato with Tuna and Sweetcorn	Tomato Pasta
	Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Orange and Lemon Shortbread	Iced Sponge	Peaches and Ice Cream

Available Daily:
 - Freshly prepared seasonal vegetables
 - Bread freshly baked on site daily
 - Daily salad selection

ALLERGY INFORMATION:
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.