Autumn / Winter 2024/2025 - Week One

Dates: 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Tomato, Baked Bean & Spiral Pasta Bake	Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Beef Pasta Bolognese & Garlic Bread	Fish Fingers & Chips
Main Meal Option 2	Butternut Squash, Chickpea & Lentil Dhal with Rice & Naan Bread Fingers	Plant based sausage with mashed potatoes and gravy	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Plant-based Pasta Bolognese & Garlic Bread	Crispy Vegetable Fingers & Chips
Blue Option	Cheese Baguette Picnic Box	Jacket Potato with Cheese & Baked Beans	Egg Mayonnaise Baguette Picnic Box	Cheese & Tomato Bake	Jacket Potato with Cheese & Baked Beans
Vegetables	Gren Beans & Sweetcorn	British Peas, Baked Beans	Peas, Cabbage & Carrots	Broccoli & Sweetcorn	Baked Beans British Garden Peas
Dessert	Chocolate Mousse and Orange Smiles	Homemade Jam Buns & Custard	'Hidden Fruit 'Chocolate, (Beetroot & Pear) Brownie	Vanilla & Cherry Cookie Cup & Custard	Fruity Strawberry Jelly & Mandarin Segments



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Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

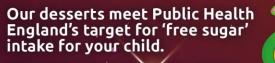


Autumn / Winter 2024/20

Dates: 18th Nov, 9th Dec Available Daily: Fresh Bread, Fi



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad	Pork Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals	Fish Fingers & Chips
Main Meal Option 2	Crispy Vegetable Fingers & Chips	Plant Based Sausage with Mashed Potatoes & Gravy	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes	Beany Vegetable Wrap with a side of Rice	Plant-based Sausage & Chips
Blue Option	Jacket Potato with Cheese & Baked Beans	Cheese Baguette Picnic Box	Tomato Pasta	Tuna Baguette Picnic Box	Jacket Potato with Tuna or Baked Beans
Vegetables	Baked Beans or British Red Tractor Garden Peas	Broccoli/Cauliflower & Carrots	Peas, Cabbage & Carrots	Sweetcorn & Carrots	Baked Beans, British Red Tractor Garden Peas
Dessert	Apple & Sultana Crumble Bar with Custard	Iced Carrot Cake & Orange Slices	Chocolate Shortbread & Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice



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Autumn / Winter 2024/2025 - Week Three Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th M Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghu

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Beef Lasagne with Garlic & Tomato Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Beef & Potato Pie with ½ Portion Mash <u>or</u> Skin on Potato Wedges	Fish Fingers & Chips
Main Meal Option 2	Beany Shepherd's Pie	Cheese & Tomato Pizza with Tomato Pasta Salad	Roast Vegetable & Lentil Roast with Sticky Ketchup Glaze, Roast Potatoes & Gravy	Vegetable Meatballs, Tomato Sauce & Mixed Rice	Baked Lentil Fritter with Chips
Blue Option	Jacket Potato with Baked Beans & Cheese	Falafel Bites with salad & Rainbow CousCous	Ham Baguette Picnic Box	Cheese & Onion Pastry Roll With skin on wedges	Tomato Pasta
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn	Sweetcorn & Carrots	Mixed Vegetables & Cabbage	Baked Beans, Broccoli & Carrots	Baked Beans, British Red Tractor Garden Peas
Dessert	Lemon Drizzle Cake with Custard	Chocolate Cookie & Orange Wedges	Strawberry Mousse	Chocolate Crunch & Pink Custard	Lemon Cupcake with Fruit Slices



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