





Spring Summer 24 – Week One

9 Sept, 30 Sept, 21 Oct



V35523

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Breakfast Pork Sausage served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Roast Chicken served with Skin on Roast Potatoes & Gravy	Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegan Main Meal	Vegan Pizza Baguette served with Wholemeal Garlic Bread 	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Roasted Vegetable & Lentil Loaf with Ketchup Glaze 	Sweet Potato, Spinach & Chickpea Korma (Ve) Served with Mixed Rice 	Veggie Sausage with Chips & Tomato Ketchup
Jacket Potato OR Filled Baguette	Jacket Potato Baked Bean or Cheese (Vegan)	Filled Baguette Cheese	Jacket Potato Baked Bean or Tuna Mayonnaise	Filled Baguette Ham	Jacket Potato Baked Beans
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve) & Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

Spring Summer 24 – Week Two

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



16 Sept, 7 Oct



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegan/Vegetarian Main Meal	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage (Ve) Hot Dog Baguette Mixed salad	Vegemince Cottage Pie (Ve) 	Veggie Mince Bolognese & Penne Pasta (Ve) 	Quorn Burger (Vegetarian) in a Bun Served with Skin On Home baked Wedges
Jacket Potato OR Filled Baguette	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup	Filled Baguette Cheese	Jacket Potato Baked Bean or Tuna Mayonnaise	Filled Baguette Egg Mayonnaise	Jacket Potato Baked Bean or Cheese (Vegan)
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

Spring Summer 24 – Week Three
2 Sept, 23 Sept, 14 Oc









Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Gently Spiced Moroccan Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegan Main Meal	Mildly Spiced Vegetable Chilli & Rice (Ve) 	Vegan Sausage with Tomato Pasta	Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) 	Sticky BBQ Quorn, Vegetables & Noodles 	Vegan Pizza Baguette served with Chips. & Tomato Ketchup
Jacket Potato OR Filled Baguette	Jacket Potato Baked Bean or Tuna Mayonnaise	Jacket Potato Baked Beans or Cheese	Filled Baguette Tuna Mayonnaise	Cheese and Tomato Melt Served with Skin on Baked Potato Wedges	Jacket Potato & Baked Beans
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

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