



Bakewell Class Newsletter

Working together to

inspire nurture empower

Welcome Back & Updates



Welcome back and happy new year Bakewell students and families! We hope that you had a well-deserved break and time to make some great memories with your loved ones. We are delighted to be back and ready to jump into a new year of fun and exciting topics!

This term our topic is '**Asia**' in which we will be looking at the different cultures and ways of life in Asia and how this is different from the world around us in our locality. Looking at the celebrations that take place through the month of January. We will also be celebrating Children's Mental Health day taking some time to look after ourselves mentally and physically, before delving into Valentines day celebrations in February!

Key Concepts and Skills

Our topic we will be focusing on this half term is 'Asia'. Within this we will be exploring the culture, the many different tastes and smells of the food that originated from there and the differences in traditional clothing. As we work to encounter and explore these different elements, we will be working on our communication skills to confirm our likes and dislikes as we try out various new experiences using all of our senses! We will also be working on our cognitive skills to operate switches for kitchen tools and using our hands effectively to make the different recipes we choose to taste week by week – which we are all looking forward to!

We will be engaging in a sensory story to do with all things Asia and Chinese New Year, looking at how it is celebrated! As well as trying out different types of spas.

Reminders / additional information



If it is appropriate for your child to have snack, please use our ParentPay app to pay for it. We have a range of snack options, including yoghurts, crisps, biscuits and juice.



This half term our hydro day is **Tuesday** but please send in your child's kit at the beginning of the week as we may take them in whenever there is a space, please include a costume/trunks, 2 towels and some body wash/shampoo. Please remember to send in a change of clothes for your child each day, thank you.



Home Learning Curriculum Ideas

Cognition and Maths

For Cognition, we are going to be working to operate different types of kitchen tools to make new and exciting recipes that we are curious to try from Asia.

Could you have a go at making some of the food from different cultures, or even your own culture and get your young person involved in the process of rolling or patting and pouring.

We know all the student in Bakewell love a messy activity!

PSED

For PSED we are continuing to work on our personal care and independence skills within our daily routine.

You can encourage your young learner to make their choice for their breakfast and self-feed as much as they can and take their plate to the sink/dishwasher each day.

As well as having an active role in hair and tooth brushing is a big step in their daily routine.



Communication

For Communication we will be working on a sensory story to follow the sequential nature of reading a story as we also take in the element of that through sensory objects.



like

Try reading a story to your young person and allow them moments to respond to certain parts or to communicate whether they like it or dislike it! You could even try to add your own sensory elements to it!

Physical Development

For physical development, we are going to be working on our skills to navigate obstacle courses and walking beams using our gross motor skills and awareness of recognising possible obstructions.

You could create a short course with some obstructions to navigate your young person around and make their way to the end. Time it and make it competition between them and their siblings!

Sensory regulation

For sensory regulation we will be following the students plans to ensure they are in a state of readiness to learn.

Follow the routine your young learner has during their day and ensure that you are offering regular breaks and opportunities to do favoured or necessary tasks to help them remain calm and settled.

Encourage them to step out of their comfort zone at times by accessing their calming techniques when approaching new situations as you work to navigate them together.

PSHE

For PSHE we are looking at the many different jobs are in the world around us.



You could show your young learner the job you have or wished to have when you were their age and allow them to role play the daily duties of the job and what it entails.

Talk to them about the importance of the role and how it impacts them.