

# Little Gems Class Newsletter

Working together to

inspire nurture empower

Spring 2—February 2025

#### Welcome Back & Updates

Hello Little Gems Families and welcome back after the February break!

This half term our these will be 'Colour Monster' We are excited to share resources, activities, and updates tailored specifically to support your child's emotional well-being and development. As always, if you have any questions or want to share some exciting things your child has been doing at home, feel free to share on EFL. You can email me at ruby.rogers@ivy.set.org



#### **Key Concepts and Skills**

In Little Gems Class, we follow the Early Years Framework which as 7 subject areas, Communication and Language, Physical Development and Personal, Social and Emotional Development (PSED), Literacy, Maths (Cognition), Expressive Arts and Understanding the World. Your children will experience a wide variety of lessons and activities which cover these areas. This half term, our topic is called "Colour Monster". Our main focus is on building relationships with our pupils to ensure they can achieve their potential. Please remember to look at Evidence for Learning to see what your child is learning at school!

### Reminders / additional information



If it is appropriate for your child to have snack, please use our ParentPay app to pay for it. We have a range of snack options, including yoghurts, crisps, biscuits and juice.



This half term our hydro days are **Monday**, **Wednesday** and **Thursday** but please send in your child's kit at the beginning of the week as we may take them in whenever there is a space, please include a costume/trunks, 2 towels and some body wash/shampoo. Please remember to send in a change of clothes for your child each day, thank you.

# **Home Learning Curriculum Ideas**

#### **Cognition and Maths**

For Cognition you could explore and match different coloured props linked to different motions. E.g. yellow for happy and blue for sad.



#### **PSED**

For PSED you could practice calming techniques together, such as deep breathing, when discussing the green calmness or blue sadness. This helps children build emotional resilience and coping skills. You could listen to calming music you do this.

#### Communication

For Communication, you can do the 'colours of the rainbow' story massage on the page below.

Encourage your child to point, vocalize, or use AAC (Augmentative and Alternative Communication) devices to express emotions along with you.

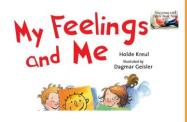
# **Expressive Arts and Design**

You could set up a sensory activity where children explore different colours through touch. Use coloured rice, soft materials, or water play to engage children's senses and help

## Literacy

For literacy you could read different books about different emotions/colours. You could listen to different pieces of music, music that is sad/happy/calm etc.





## Makaton Signs

them connect

colours to feelings.



Colour

Monster

# Colours of the Rainbow

Written by Mary Atkinson for the Story Massage Programme www.storymassage.co.uk

3	Let's paint an adventure with the colours of the rainbow.
0	Hold on tight and we'll travel through the seven different colours. Red, Orange, Yellow, Green, Blue, Indigo and Violet.
0	All aboard for the colour Red. We're sitting on a red London bus. Can you see Buckingham Palace?
	Snuggle up for the colour Orange. Feel the warmth of the orange flames as we huddle around a campfire.
*	It's a bumpy ride along the colour Yellow. We're high up on a camel trekking across the yellow sands in the desert.
•	Walk gently on the colour Green. We're in a beautiful forest with tall green trees and wildflowers.
~	Dive deeply into the colour Blue. We're swimming with fish and dolphins in the warm blue sea.
3,,,	Climb up high into the night sky for the colour Indigo.
Y	With twinkling stars to guide us on our way.
· · · · · · · · · · · · · · · · · · ·	Tiptoe into the magical, sparkling world of the colour Violet. Would you like to make a wish?
Construction of the Constr	And now, let's travel back along the rainbow to arrive safely home after our colourful adventure.