



The Dales Class Newsletter

Working together to

inspire nurture empower

Autumn 1- 2025

Welcome Back & Updates

Welcome back! We hope you had a fantastic summer break filled with fun and relaxation. It's time to dive into a new school year filled with learning, friendships, and exciting opportunities. Let's make this year unforgettable together! If you need to inform us on any updates, please contact us via phone call, email or the school dairy. Each week we will share with you a sample of photographs and diary messages of activities that your young person has particularly enjoyed and has been engaged with through the Efl app. Please feel free to add any photographs from home activities if you wish to share them on our Efl too so that we can share them with their class peers during our chat and share sessions in school. If you experience any problems accessing Efl, please let us know. If you have any other queries, please contact any member of the class team. Regular school updates will be shared on the whole school newsletter. Please keep a look out for a text link to these. Thank you.



Key Concepts and Skills

This half term, we're excited to delve into our branch curriculum, which focuses on four key areas: Health & Wellbeing, Communication, Community & Friendships, Creativity, Contributions & Choices, and Skills for Life. Students will engage in a series of captivating activities, detailed on the second page of this newsletter. If you would like further insights or have any questions about the curriculum, please don't hesitate to contact us. We are also concentrating on the transition into our new classroom environments and warmly welcoming new learners to The Dales department. We will support their understanding of these changes, presenting an excellent opportunity to advance our Personalised Learning Goals (PLG's).

Reminders / additional information

If it is appropriate for your child to have snack, please use Arbor Pay to pay for it. We have a range of snack options, including yoghurts, crisps, biscuits and juice.

This half term our hydro days are **Wednesday morning & Thursday afternoon** but please send in your child's kit at the beginning of the week as we may take them in whenever there is a space. Please include a costume/trunks, 2 towels and some body wash/shampoo.

Please remember to send in spare clothes for your child each day, thank you.



Home Learning Curriculum Ideas

Skills For Life



This half term, our students will be developing important Skills for Life through a range of engaging and practical activities. They will enjoy time in our school library, fostering a love of reading and building their independence in choosing books. Students will also take part in running the school tuck shop, helping them to practise communication and teamwork. To support fine motor skills and coordination, they will join in with dough disco sessions, and they will experience the joy of storytelling through sensory stories, designed to stimulate imagination and encourage participation. Together, these activities will help our learners gain confidence and independence, while building skills that will support them both in school and beyond.

Health & Wellbeing

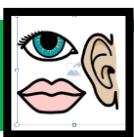


As part of our therapy programs—including sensory, visual, hearing, occupational, and physiotherapy—students will take part in a variety of activities linked to our current topic. These engaging sessions will support their development in a fun and meaningful way.

Additionally, our weekly PE MATP lessons will give all students the opportunity to become athletes! They will engage in a range of sports activities designed to challenge both their gross and fine motor skills, all while being encouraged and cheered on by their peers.



Communication Community and Friendship



In our CCF sessions, students will take part in a variety of activities that encourage them to express themselves, share their interests, and develop positive relationships with others. As part of this, each student will be creating a “This is Me” board for our classroom display. These boards will celebrate individuality, allowing students to showcase their personalities, strengths, and things that are important to them. Through this project, we will be fostering self-confidence, mutual respect, and a greater sense of belonging within our classroom community. Together, these experiences will help students to build strong friendships, develop effective communication skills, and feel proud of their place in our school community.

PSHE



In PSHE this half term, our learning will focus on body image and mental well-being. Students will explore how to develop a positive view of themselves, understand the importance of self-care, and learn strategies to support their emotional health. These sessions will encourage reflection, discussion, and confidence in recognising the value of both physical and mental well-being.



Creativity, Contributions & Choices



In our Creativity, Contribution and Choices sessions, students will be working on an exciting design project – creating their very own t-shirt. Once completed, the designs will be proudly showcased at our Fashion Show on Wednesday 22nd October. This will be a wonderful opportunity for students to express their individuality, celebrate their creativity, and share their achievements with our school community. Further details about this special event will be shared with you very soon.

Ideas for Home Learning



We encourage your continued support in promotion of our class-based learning activities at home. Here are a few suggestions:

- Recycled Fashion: design and make an accessory at home using recycled materials.
- When out shopping, look and feel different materials of clothing.
- Read books both fiction and non-fiction about fashion and being unique.

You can share these experiences with us through the Efl Family App. It would be wonderful to see or read about your child's engagement in these activities.