



Jericho Primary School
Windsor Court
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WHITEHAVEN
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19 January 2024

Sample Parent

Sample Student (Year 1, Samples)

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News Update 19th January 2024

Dear parents and carers,

It's been a cold one but great to see blue skies this week. Our children don't seem to feel the cold and there are some very brave children wearing shorts even! But the daffs are up, so Spring and lighter days won't be long!

Parking: The parking issue around the school is becoming an increasing concern. Although we ask in our letters to you all to be considerate, we still have a number of people who show little respect for our neighbours and more importantly the safety of our children. Please take a moment to reflect on this. It is often when we least expect it that accidents can happen. Next week, please make sure that you park safely and sensibly. Windsor Court is an Urban Clearway. There should be no cars parked on this road between 8 and 9 and 3 and 4 p.m. We have asked the police and traffic wardens to attend over the coming weeks to help us monitor the situation.

First Aid Changes: From Monday, if your child has an accident at school, you will receive the first aid slip / notification via your email and not parentmail. We are moving our recording systems from a paper-based to web-based process in school. The new system will notify you by 3:30 in your email inbox. If a child has a bump to the head or a more serious incident, we will continue to verbally notify you.

iPad Scheme KS2 update: Our KS2 received their iPads this week. I hope that they have all been able to use them at home successfully. We did have some teething problems with our monitoring software – SENSO, however this should now be resolved. If you do experience problems at home, please let our school office know and we will resolve these as soon as possible.

New look Website: Our new website is now up and running. It contains all our information about the running of the school and day-to-day arrangements.

Afterschool clubs: Afterschool clubs are now up and running. Please remember to save the dates the club runs to and from and times for collection.

Donations: If anyone has any of the following for our Wet Playtime boxes in classes, we would appreciate it greatly! Please hand it to the office or class teachers Eg Packs of cards, board games, jigsaws, crafts, knitting, mazes or puzzles, plasticine or play dough, colouring equipment or books, comics, small world models etc

Golden work - Amazing stars this week for hard work:

Oliver in y4 for wonderful division

Kelsey Y6 – determination in Maths

Erin – excellent landscape art work

Online Safety: According to Ofcom, 69% of under-18s use a smartphone as their main method of going online. Additionally, 49% of children use them for online gaming – putting smartphones only behind consoles (59%) as the device of choice for playing games on. Most people won't require such statistical evidence, however, to acknowledge the huge importance of phones to young people.

Given that Santa's recent visit is likely to have bestowed smartphones on an even greater number of young people, it's a particularly opportune moment to ensure that children are able to use their handsets responsibly – and, above all, safely. From passcodes to parental controls, and from screen time to scams, our guide has the essential advice.

Save the Dates:

25th Jan- Art of Brilliance Gala for (happiness Ninja's only)

WC 5th Feb- IEP review meetings

5th Feb - Safer Internet Week in School

Friday 9th Feb - School finishes for half term

26th Feb – 8th Feb – Year 6 Swimming each afternoon.

7th March – World Book Day in school

22nd March Class photos in school

28th March – School Closes for Easter Holidays.

13th May – all Week – KEY STAGE TWO SATS

SMARTPHONE SAFETY TIPS

for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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#WakeUpWednesday