



LONDON 2024



What are the aims of our trip?

- To develop self-confidence and independence.
- To develop a sense of city life and why London has become a centre of Global tourism.
- To develop children's geographical understanding of cities, towns and villages.
- To understand how life is different between Cumbria and London – cultural and geographical.
- To have fun!

Staffing:

The staff accompanying the residential this year:



Mr Blackwell
Group Leader



Mrs Parkinson
Class Teacher



Miss Hunter
Our First
Aider



Mrs Aga
Coulson
Class Teacher



Miss Ormerod

Mr Scott McAvoy and Mrs Caroline Bell
will also be joining us as a parent helper.

Group Leader:

Mr James Blackwell

Contact: head@jericho.cumbria.sch.uk

When is the residential visit taking place?

The residential visit will take place on Monday 24th June to Thursday 27th June.

Monday 24th June: You **must** be at school by 6.15 a.m. We will be leaving at 6:30 a.m.

Thursday 27th June We aim to arrive back at school for 8:00 and 11:00 p.m.

Transport will be provided by Fussell's Travel Service & Spencer Graham Coaches. If your child suffers from travel sickness and requires medication this should have been stated on your consent form. On the outward journey we shall make a couple of stops en route. Please make sure you pack sufficient food for the journey. Please note that sweets and fizzy drinks are not permitted on board the coach. Your child may wish to bring games, books etc. to amuse themselves during the journey.

Where will the children sleep?

This Youth Hostel used to be the school for the St Paul's Cathedral choir boys and is right next to the famous landmark itself. For added authenticity, you can hear the bells of the cathedral tolling whilst you enjoy everything this historic building has to offer. From the Latin inscribed facade to the ornate window and door stonework, YHA London St Paul's oozes almost as much character on the outside as its guests do on the inside. Located in London's well known financial district, the City of London, the hostel is just minutes from the West End of London and all the usual tourist attractions..



What will the children eat?

All meals with the exception of lunch on the first day are included in the price. Breakfast and lunch will be provided by the YHA during our stay. Our evening meal on days 1 & 3 will be in the hostel and on day 2 we will eat at Pizza Express (Victoria Street). For all three meals children will have selected what they would like to eat and all food has been pre-ordered. A packed lunch is provided on Tuesday, Wednesday & Thursday so your child will require a lunch box/bag. In a bid to reduce single-use plastic waste, the YHA no longer provide drinks in their packed lunches therefore your child will need a **re-usable** drinks bottle to fill up from the water station in the hostel each day. Breakfast on all three mornings will be provided by the hostel.

Breakfast will be a continental buffet – fruit, cereals, toast, croissants, jam, juice, tea and coffee. A packed lunch is provided on Tuesday, Wednesday & Thursday so your child will require a lunch box/bag. In a bid to reduce single-use plastic waste, the YHA no longer provide drinks in their packed lunches therefore your child will need a **re-usable** drinks bottle to fill up from the water station in the hostel each day. Breakfast on all three mornings will be provided by the hostel. On the last day we will stop at a services and have a treat of MacDonald's.

Our menu will be as follows:

	Main Meal	Dessert
Monday	Mac and Cheese with Garlic Bread, Jacket Potato with cheese and beans.	Chocolate Brownie Sundae or Choc Ice Fresh Fruit
Tuesday	Pizza Express: Starters: Dough Balls /Garlic Bread with Mozzarella / Buffalo Mozzarella and Tomato. Mains Pizzas – American, American Hot, Margherita, Vegan Giardiniera. Lasagne Classica, Grand Chicken Caesar Salad.	Vanilla Gelato Salted Caramel Gelato, Raspberry Sorbet, Stracciatella Gelato.
Wednesday	Pasta and Veggie Meatballs with Garlic Bread Jacket Potato with cheese and beans.	Chocolate Fudge Cake Choc Ice, Fresh Fruit

We will shortly be asking children to choose their main meal preferences, including ordering their meal at Pizza Express. We have already collated the information that you have provided regarding allergies and intolerances. If there are any changes to this information the please do let us know.

What if my child has medication?

School staff trained in first aid are attending the trip. Miss Hunter will be our lead first aider.

We will be bringing our own first aid kit in case of an emergency and will have access to additional first aid support at each place that we visit.

If your child takes medication then we need to know. We have already sent out a Parentmail form for you to update us with any medication that your child takes. Please keep us up to date – right until we leave!

We will be sending home our Permission Form for administering medication the week before we leave. Please complete this and bring it with you on the Morning we depart. On the day of departure, all medication should be given to Miss Hunter. Please label all medication with your child's name and place in a clear plastic bag. Once we have returned, we will be returning these to the parents. The medication will be stored safely and be easily accessible to staff.

Pain relief – there may be an occasion where your child needs some pain relief whilst we are away. As per our school policy, we normally administer Calpol or Paracetamol. We will check with you before administering this medication.

What clothing will my child need to bring?

Our residential could be hot and sunny or cold and wet. Activities will take place in all weathers.

The children need to come equipped with enough clothes that are warm and comfortable. None of our activities are adventurous or glamorous. Our main aim is comfort!

Please label everything with your child's name. This is so it can be returned to the right owner.

Kit List

- A good waterproof jacket – large enough to fit over several layers of clothing
- Waterproof over-trousers
- Water bottle labelled with child's name
- Outdoor shoes such as trainers that are comfortable. It would be good to have two pairs in case one gets wet in the rain!

- Plenty of layers of warm, comfortable clothing. Clothing that can be worn in many layers is much more flexible, and allows adjustment to the weather and conditions
- Hat and sunglasses
- Enough underwear for five days
- Pyjamas
- Towel
- Wash Kit
- A game or book for quiet time – especially suitable for travelling.
- Three spare plastic bags to take home dirty laundry.
- Sun cream
- A backpack – we will be taking packed lunches with us on all our days out.
- LINEN IS PROVIDED.

Our Itinerary

Throughout the trip we will generally be in one large group and will be together. However, children will be assigned a group leader who will be their designated adult throughout the visit as some workshops and activities will be in smaller groups.

Monday 24th June

Please note – We will need children to have two pack-ups for this day. One for breakfast and one for lunch.

Time	Activity	
6:30 a.m.	Leave Jericho School	
2:00 a.m.	'The Making of Harry Potter' Studio Tour	https://www.wbstudiotour.co.uk/
5:00 p.m.	Leave Harry Potter and travel into London	
6:30p.m.	Arrive at St Pauls – Evening activities and settling in.	

Tuesday 25th June

Time	Activity	
9:15 a.m.	Depart hostel and head to the Natural History Museum	
10.00 a.m.	Natural History Museum – self led visit with 'Evolution' workshops at 10.30am & 11.30am.	https://www.nhm.ac.uk/
1:30 p.m.	Lunch at the NHM	

2:00 p.m.	Depart the NHM and head next door to the Science Museum. Self-led visit with Wonderlab entry at 2.15pm & 2.30pm (split into 2 groups)	https://www.sciencemuseum.org.uk/home
4:30 p.m.	Depart Science Museum and head by coach to Pizza Express for dinner.	
5:30 p.m.	Dinner at Pizza Express (Victoria St)	https://www.pizzaexpress.com/london-victoria-street?utm_source=GMB&utm_medium=Website&utm_campaign=GMB-WEB-2031-victoria-street
7:30	Wicked at the Apollo Victoria Theatre	The Story Wicked The Musical - UK

Wednesday 26th June

Time	Activity	
10:15a.m.	Shakespeare's Globe Theatre – tour and practical drama workshop	We will be visiting the theatre and undertaking two workshops. https://www.shakespearesglobe.com/
1:00 p.m.	Thames Clipper River bus service from Bankside Pier to Westminster	
1.45pm – London Eye	London Eye	https://www.londoneye.com/
3pm	Guided walk via Whitehall/Downing Street, Royal Horse Guards Parade, St James' Park, Buckingham Palace, The Mall & Trafalgar Square	
5:30 p.m.	Dinner at YHA St Paul's	
7:00 p.m.	Evening Walk to explore Piccadilly Circus / Leicester Square with M&M World, Lego Store, etc	

Thursday 27th June

Time	Activity	
9:15 a.m.	Depart hostel and for Shrek	
11:15 a.m.	Shrek Adventure	
12:00 p.m.	Lunch along side the River Thames	
1:00 p.m.	2.30pm – Depart for the journey back to school	
11pm	(approx.) – arrive back at school	

Safety

Full risk assessments have been carried out. These are approved by our Educational Visits Leader as well as the Local Authority. Staffing ratios will exceed the national guidelines. This way we know that children are well cared for as part of small groups. We have assigned group leaders who will look after each group and be their point of call. Our residential visit is about making happy memories and we want the children to have a positive experience. Please contact Mr Blackwell or any of the team with any concerns you may have.

Electronic Devices

Children must not bring a mobile phone or any electronic devices on our residential visit. Please leave all valuable items at home. The school will not be liable for any lost or broken devices.

Smart Tags/Air Tags: These are not permitted on school residential. Air tags have not been designed to track people. They send out alerts to all around them and unfortunately pose a safeguarding risk for us.

Keeping in Touch

We will be keeping touch with you daily via a special WhatsApp group. We have used this for previous residential. We will send you photos, live updates and daily information about our adventures. We can also keep in touch with you about arrival times and letting you know that we arrive safely at St Paul's. You will also be able to keep in touch with us by sending us short messages. We will respond as soon as we can. If it is urgent we will respond via telephone.

Pocket Money

There will be opportunities to buy gifts and souvenirs from some of the venues. We know that gifts will be expensive but we also know that it's great to have a keep-sake to help remember the trips. We have set a limit of £50 spending money. Group leaders will be looking after this for their groups. Please send your child's money in a named envelope and hand it to Mr Blackwell or Mrs Parkinson on the morning of departure. Please note that an increasing number of attractions are now cashless, including the gift shops so it may be worth looking into a suitable, age appropriate, pre-paid card to load your child's spending money on to, such as HyperJar, Go Henry, etc

Consent Form

We have already asked you to complete a consent form for this residential. This is an important form as it provides us not only with your consent for the visit, but with the most up

to date information about emergency contacts, medication and allergies etc. Please let the office know of any changes that may occur before we depart.

Snacks and Lunch

Please remember we need you to provide breakfast and a packed lunch for the first day.

It will be a long week, please can we ask that you pack your children a sensible amount of snacks for the week in their clothes bag (not in their hand luggage).

Insurance

We have a school insurance policy which covers all children for any activities which take place away from school.