W/C 3 & 22 Sept, 13 Oct, 10 Nov, 01 Dec Week 1 - Autumn Term 2025 Monday

Thursday

Pizza choice served with Baked Wedges &

Wholewheat or plain pasta with cheese or

Tomato sauce + garlic bread & cheese.

With a choice of salad & fillings

Jacket Potato with a selection of toppings

Dessert

Banana Cake

Sausage, Mash & Peas Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert Fruit Flapjack

Tuesday

Creamy Chicken Curry with Rice, Naan Bread & Mixed Vegetables. Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert **Chocolate Brownie**

Friday

Fish Fingers, Chips & Spaghetti Hoops Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert Ice Cream (assorted flavours)

Wednesday

Crispy Chicken, Waffles & Baked Beans

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert Fruit Jelly with Mixed Fruit

At Jericho we are implementing a healthier menu which introduces more fruit & vegetables.

Less sugar in all our cakes & Biscuits, fruit & yoghurts will be available each lunchtime .

Wholewheat Pasta, bread & Rice will be available as an option. All dietary needs i.e. Allergens, intolerances & religious beliefs will be met. We use local suppliers, Haighs & Pioneer for fresh rolls, ham and sausage.

Week 2 - Autumn Term 2025 W/C 8 & 29 Sept, 20 Oct, 17 Nov, 8 Dec Monday

Pizza Choice served with Baked Wedges & Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings Dessert Pear Sponge Cake

Thursday

Shepherds Pie with Garden peas

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert Apple & Banana Cake

Tuesday

All Day Breakfast with Grilled Tomato

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert **Choc Mint Cake**

Friday

Salmon Fishcake, Chips & Spaghetti Hoops

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert Ice cream tub

Wednesday

Panko Chicken with Rice & Veg Medley

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert Lemon & Lime Traybake

At Jericho we are implementing a healthier menu which introduces more fruit & vegetables.

Less sugar in all our cakes & Biscuits, fruit & voghurts will be available each lunchtime. Whole-wheat Pasta ,Bread & Rice will be available as an option.

All dietary needs i.e. Allergens, intolerances & religious beliefs will be met. We use local suppliers, Haighs & Pioneer for fresh rolls, ham and sausage.

Week 3 - Autumn Term 2025 (W/C 15 Sept, 6 Oct, 3 & 24 Nov, 15 Dec)



Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings Dessert

Thursday

Spaghetti Bolognese with Garlic Bread & Mixed Veg

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert Carrot Cake

Tuesday

Jericho Loaded Burger with Diced Potatoes & Corn on the Cob

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert Lemon Drizzle Cake

Friday

Fish Fingers, Chips & Peas

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

> Dessert Ice cream (assorted)

Wednesday

Roast Chicken Dinner with Yorkshire Pudding & Gravy

Pasta Bar Wholewheat or plain pasta with cheese or Tomato sauce + garlic bread & cheese. Wrap or Bap Choice With a choice of salad & fillings Jacket Potato with a selection of toppings

Dessert Chocolate Brownie

At Jericho we are implementing a healthier menu which introduces more fruit & vegetables. Less sugar in our cakes & biscuits. Fruit & yoghurts will be available each lunchtime. Wholewheat pasta, bread & rice will be available as an option. All dietary needs i.e. Allergens, intolerances & religious beliefs will be met. We use local suppliers, Haighs & Pioneer for fresh rolls,

ham and sausage.