

Jerounds Primary School Menu Autumn/Winter 2026/27

(Ve) - Vegan (V) - Vegetarian
(PB) - Plant Based
(HP) High Protein

WEEK 1 - 1/11 - 23/11 - 14/12 18/01 - 8/02 - 8/03	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
	Margarita Pizza with Carrot & Cucumber Sticks	Harvest Chicken Casserole with Brown Rice & Green Beans	Pork Sausage Toad in the Hole with Roast Potatoes, Seasonal Vegetables & Gravy	Beef Bolognese with Pasta, Garlic Bread & Sweetcorn	MSC Fish Fingers with Chips & Peas
	Ultimate Veggie Pizza with Carrot & Cucumber Sticks	Vegetable & Butter Bean Casserole with Brown Rice & Green Beans (PB)	Plant Based Sausage in the Hole with Roast Potatoes, Seasonal Vegetables & Gravy (HP)	Veggie & Lentil Bolognese with Garlic Bread & Sweetcorn (PB)	Plant Based Fish Fingers with Chips & Peas (PB)
	Freshly Cut Fruit (Ve) or Oat & Raisin Cookie (PB)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Apple Crumble & Custard	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or School Sponge Cake

WEEK 2 - 9/11 - 30/11 - 4/01 25/01 - 22/02 - 15/03	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
	Salmon Mac 'n' Cheese with Homemade Garlic Bread & Mixed Salad	Chicken Korma Curry with Wholemeal Rice & Green Beans	Roast Chicken Thigh with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy	Ashlyns Beef Burger with Crushed New Potatoes & Baked Beans	MSC Battered Fish Fillet with Chips & Peas
	Mac 'n' Cheese with Homemade Garlic Bread & Mixed Salad (PB) & (HP)	Vegetable Biryani with Wholemeal Rice & Green Beans (PB)	Autumn Squash & Butter Bean Stew with Mash Potato & (HP)	Plant Based Burger with Crushed New Potatoes & Baked Beans (PB)	Cheese & Potato Whirl with Chips & Peas (V)
	Freshly Cut Fruit (Ve) or Shortbread Biscuit	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Chocolate Sponge & Custard	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Frozen Yoghurt

WEEK 3 - 16/11 - 7/12 - 11/01 1/02 - 1/03 - 22/03	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
	Tomato & Mozzarella Pasta Bake with Honey Roasted Carrots	Sticky Chicken Thighs with Wholemeal Rice & Broccoli	Savoury Mince Beef with Yorkshire Pudding, Mashed Potato, Carrots & Peas	Pork Sausage in a Roll with Seasoned Potato Wedges & Buttery Sweetcorn	MSC Fish Fingers with Chips & Spaghetti Hoops
	Sweet Potato & Vegetable Fritta with Honey Roasted Carrots (V)	Vegetable Samosa's with Wholemeal Rice & Broccoli (PB)	Plant Based Savoury Mince with Yorkshire Pudding, Mashed Potato, Carrots & Peas (PB) & (HP)	Quorn Sausage in a Roll with Seasoned Wedges & Buttery Sweetcorn (PB)	Cauliflower & Broccoli Bake with Chips & Spaghetti Hoops (V)
	Freshly Cut Fruit (Ve) or Cinnamon Cookie	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Carrot Cake	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Banana Bread



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Available Daily ... Jacket Potato with a Choice of Fillings
Wholemeal Bread - Choice of Salads - Water