

# Jerounds Primary Academy Menu - Autumn/Winter 2025 - Week 1

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Planet Friendly Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b> Cheese & Tomato Margherita Pizza served with Pasta Salad	Creamy Chicken Curry served with Basmati Rice & Green Beans	Roast Chicken & Yorkshire Pudding served with Roast Potatoes, Sliced Carrots & Broccoli, & Gravy	Italian Beef Bolognese served with Wholemeal Penne Pasta & Sweetcorn	MSC Battered Cod served with Oven Chips, Baked Beans or Garden Peas
<b>Option 2</b> The Ultimate Roasted Vegetable & Cheese Pizza served with Pasta Salad	Red Kidney Bean & Pineapple Curry served with Basmati Rice & Green Beans	Autumn Squash & Butter Bean Stew served with Yorkshire Pudding, Roast Potatoes, Sliced Carrot & Broccoli	Chickpea & Tomato Bolognese served with Wholemeal Penne Pasta & Sweetcorn	Cheese & Potato Whirl served with Oven Chips, Baked Beans or Peas
<b>Dessert</b> Freshly Cut Fruit or Organic Fruit Yoghurt or Reduced Sugar Chocolate Cookie	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Apple & Raisin Muffin

Week commencing - 3rd November, 24th November, 15th December, 19th January, 9th February, 9th March

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ...  
Jacket Potato with filling  
Wholemeal Bread  
Choice of Salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**

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# Jerounds Primary Academy Menu – Autumn/Winter 2025 – Week 2

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

## Option 1

Oven Baked Macaroni  
Cheese served with  
Homemade Garlic Bread  
& Mixed Salad

Chicken Enchiladas served  
with Mexican Rice &  
Sweetcorn

Homemade Pork Sausage  
Roll served with Herby  
Diced Potatoes & Baked  
Beans

Classic Beef Lasagne  
served with Roasted  
Carrots & Wholemeal Bread  
& Butter Fingers

MSC Fish Fingers served  
with Oven Chips &  
Garden Peas

## Option 2

Lentil & Tomato Pasta  
Bake served with  
Homemade Garlic Bread  
& Mixed Salad

Spinach & Chickpea  
Enchiladas served with  
Mexican Rice & Sweetcorn

Homemade Vegan Sausage  
Roll served with Herby  
Diced Potatoes & Baked  
Beans

Cheese & Aubergine  
Lasagne served with  
Roasted Carrots &  
Wholemeal Bread & Butter  
Fingers

Homemade Baked  
Vegetable & Chickpea  
Samosa served with  
Oven Chips & Garden  
Peas

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Lemon Shortbread

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Fruit Jelly

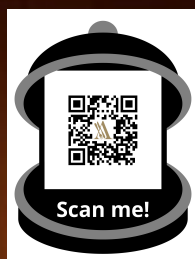
Freshly Cut Fruit  
or  
Organic Fruit Yoghurt

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate Sponge &  
Chocolate Sauce

Week commencing - 10th November, 1st December, 5th January, 26th January, 23rd February, 16th March,

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ...  
Jacket Potato with filling  
Wholemeal Bread  
Choice of Salads  
Water



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# Jerounds Primary Academy Menu - Autumn/Winter 2025 - Week 3

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b> Creamy Salmon & Leek Pasta Bake served with Sautéed Zucchini	Chicken & Tomato Wholemeal Pasta Bake served with Garlic Bread & Cucumber Sticks	Minced Beef & Onion Pie served with Crush New Potatoes, Shredded Cabbage, Sliced Carrots & Gravy	Beef Burger in a Bun served with Seasoned Potato Wedges & Sweetcorn	MSC Battered Cod served with Oven Chips, Baked Beans or Garden Peas
<b>Option 2</b> Cheese & Tomato Pizza served with Pasta Salad	Chickpea, Pepper & Tomato Pasta served with Garlic Bread & Cucumber Sticks	Cheese Potato & Leek Pie served with Shredded Cabbage, Sliced Carrots & Gravy	Homemade Banie Burger In a Bun served with Seasoned Potato Wedges & Sweetcorn	Baked Courgette & Sliced Potato Fritatta served with Baked Beans or Garden Peas
<b>Dessert</b> Freshly Cut Fruit or Organic Fruit Yoghurt or Spiced Oat Cookie	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Jam & Coconut Sponge served with Custard	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Cornflake Cake

Week commencing - 17th November, 8th December, 12th January, 2nd February, 2nd March, 23rd March

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ...  
Jacket Potato with filling  
Wholemeal Bread  
Choice of Salads  
Water



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