

Extended School Club

Join us at our extended school club every day

THE UK'S LEADING **HEALTHY LIFESTYLE ACTIVITIES** PROVIDER

Session types

Example activities



 Learn through play
LEARN ZONE

Trivia
Problem solving
Guided play

 Let's get moving
FIT FACTOR

Parachute play
Dodgeball
Capture the flag

 Learning to thrive
THRIVE TIME

Wacky science
Survival skills
Cooking

 Skills for Sport
SUPER SPORTS

Kwik cricket
Netball
Football

 Express yourself
CREATIVE ZONE

Arts and crafts
Drama
Music

 Wellness
WELLNESS ZONE

Yoga
Meditation
Journaling

SECURE YOUR CHILD'S SPOT FOR THE NEW ACADEMIC YEAR WITH OUR FLEXIBLE PAYMENT OPTIONS THAT ALLOW YOU TO BOOK NOW, PAY LATER...

Children can enjoy...

- ✓ Fun & energising sports and team games outside of the everyday home and school environment
- ✓ Keeping active with a wide range of activities

- ✓ Building confidence through learning new skills
- ✓ Enhanced wellbeing with fun activities that help reduce stress & anxiety
- ✓ Social Interaction with friends in a safe space



Book now!



fitforsport.co.uk
020 8742 4990