



Physical Education Policy

Review Frequency	Annual
Most Recent Review	Spring 2025
Next Review Due	Spring 2026
Head Teacher	Leah Wright <i>L Wright</i>
Governor	Anis Makki

Introduction

John Perryn Primary school is committed to promoting the health and wellbeing of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at John Perryn Primary School.

The policy was formulated through the consultation with members of staff, governors, parents and pupils.

Ethos & Environment

John Perryn Primary School strives to maximize opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This included the curriculum, environment and wider community.

Physical Activity Policy Co-ordinator

The school physical activity policy and strategy co-ordinator is **Sophie Upfield**.

Physical Activity Aims & Objectives

Aim: To ensure that all aspects of physical activity in school are promoted for the health and wellbeing of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes.
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day.
3. To increase physical activity levels of pupils in line with national targets.

Equal Opportunities

All physical activity opportunities offered at John Perryn Primary School are designed to be inclusive, and cater for different ability levels.

Resources Provision

John Perryn Primary School has a school hall, which is equipped with portable and fixed apparatus for gymnastics and a large area with a music system to support the teaching of dance. For teaching of games, there is a large playground with markings and two MUGA sports pitches. For swimming lessons the pupils use the local swimming pool. An annual audit of all physical education equipment is conducted by the PE Lead in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE cupboards, and planning resources can be found on Jasmine PE and the shared school drive.

Staff Responsibility & Development

School Sports Lead: **Sophie Upfield**

School Travel Plan Lead: **Charlie Kay**

Staff are encouraged to attend courses and all staff have received basic Jasmine PE training. Our partnership with Featherstone SSP has widened the school's relationship with external agencies. As

a result, children have attended a wide range of sporting competitions and trips with specific events for children with SEN and pupil premium.

Curriculum Provision

Organisation

The PE programme is taught by class teachers, with the exception of swimming. This is taught by specialised swimming instructors.

Each child will receive the following **ACTIVE** PE time per week:

Foundation stage: 60 minute lesson each week and planned movement breaks each day.

KS1 and KS2: 60 minute lesson and a 5 minute HIT workout will be done daily at the end of the day.

Planning:

The school follows a two week rotation. One week is following the Jasmine Scheme of learning taught inside using the hall and the second week are lessons planned using the national curriculum taught outside. In KS1 we teach invasion games, team building games, target games, throwing and catching, athletics and dance. In KS2 we teach, invasion games, athletics, striking and fielding and gymnastics using the apparatus. In foundation stages, activities to support learning from the area of 'Physical Development' and 'Creative Development' in Early Learning Goals are planned daily.

The school is in partnership with Jasmine and follows their scheme of work. This offers comprehensive lesson plans from Reception to Year 6. It is intended that the plans are adapted by the teacher in order to suit the needs of their class.

Cross curricular links

Whilst retaining the unique contribution to a pupil's movement education, physical education also has considerable potential to contribute too much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, maths, PSHE and computing skills.

Extra-Curricular Provision

Break times/ lunch times

At John Perryn Primary School children are encouraged to throw, catch, run and balance using a range of equipment. On the MUGA, different year groups have the opportunity to play football and a range of competitive games, following a timetable, so that everyone has an equal opportunity. Each child selects their own playground equipment and resources to play with at playtimes as part of the OPAL programme (Outdoor Play and Learning). 'Wheelie Wednesday' provides children with opportunities to develop their gross motor skills. Following a bi weekly rota, children select a range of scooters, balance bikes and scooter boards contributing to strong foundations for other physical activities. The children are responsible for monitoring their equipment and tidying the equipment away at the end of lunch. This is supported by the John Perryn Play Team.

After school clubs

We aim to encourage all pupils to take part in a range of clubs by providing them with a selection of clubs to choose from. These clubs may include gymnastics, football, dance and netball.

Competition

Pupils take place in a range of intra-school and inter-school competitions organised by the Schools sports lead Ms Upfield in partnership with Featherstone SSP. These include football, tag rugby, gymnastics, netball, swimming, badminton, boccia, kurling, bowling, athletics, seated volleyball, basketball, tennis, cricket, archery, pentathlon and tri-golf.

Active Travel

As a school we encourage children to be as active as possible and this includes walking and riding your bike or scooter to school. We take part in the 10 day active challenge every October and encourage our children to walk to school as often as possible.

Staff Activity

Our staff aspire to be positive role models for our children we aim to take part in physical activity whenever possible, for example staff often play games with children at playtime and demonstrate physical activity during PE lessons.

Health & Safety

Please refer to the school's health and safety policy and risk assessment file. Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on DBS/ staffing checks.

Monitoring & Evaluation

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data collected as part of the PESSCL requirement.