	Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Movement	Throwing and catching	Movement	Games	Sports Day practise	Ball games
Year 1	Games /Team Building https://thephysicaleduc ator.com/game_categor y/fundamental- movement-skill-games/ Jasmine (Personal)	Ball games Dance (History/geography) Or Jasmine (Social)	Invasion games <a 1000,1001"="" href="https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years=">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/ks1/invasion/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="1000,1001">https://www.getset4pe.co.uk/lesson/schemeofwork?years="100	Target games https://thephysicaleducator.com/game_category/target/ Jasmine (cognitive)	Sports Day practise Jasmine (creative)	Throwing and catching games JASMINE (physical)
	NC: To be able to participate in team games while developing fundamental movement skills.	NC: To be able to throw and catch as well as developing their balance and coordination.	NC: They should be able to engage in competitive games and co-operative physical activities. Should be able to attack and defend.	NC: They should be able to master basic movement such as running, jumping, throwing and catching.	NC: To be able to compete in competitive sports.	NC: They should be able to master basic movement such as running, jumping, throwing and catching.
Year 2	Games /Team Building https://thephysicaleduc ator.com/game_categor y/fundamental- movement-skill-games/ Jasmine (Personal)	Invasion Games (Hoop Ball) https://www.getset4pe. co.uk/lesson/ks1/invasio n/schemeofwork?years= 1000,1001 Jasmine (Social)	Striking and fielding (Kick Rounders) Jasmine (Cognitive)	Coordination Games Gym (Big Apparatus)	Sports Day practise Jasmine (creative)	Striking and Fielding (Tennis Skills) Jasmine (physical)
	NC: To be able to participate in team games while developing fundamental movement skills.	NC: They should be able to engage in competitive games and co-operative physical activities. Should be able to attack	NC: They should be able to master basic movement such as running, jumping, throwing and catching.		NC: To be able to compete in competitive sports.	NC: They should be able to master basic movement such as running, jumping, throwing and catching.

		and defend	They should be able to engage in competitive games and co-operative physical activities. Should be able to attack and defend.			They should be able to engage in competitive games and co-operative physical activities. Should be able to attack and defend.
Year 3	Invasion Games (Hoopball) Gym (Big Apparatus) NC: play competitive games and apply basic principles suitable for attacking and defending	Striking and Fielding (Rounders) JASMINE (personal) NC: use running, jumping, throwing and catching in isolation and in combination. To be able to develop flexibility, strength, technique, control and balance	Invasion Games (Netball) JASMINE (social) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in isolation and in combination.	(Invasion Games (Tag Rugby) JASMINE (cognitive) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in isolation and in combination.	Athletic Activities (Track and Field) JASMINE (creative) NC: To be able to develop flexibility, strength, technique, control and balance	Striking and Fielding (Cricket) Jasmine (physical) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in isolation and in combination.
Year 4	Invasion Games (Hockey) JASMINE (personal) NC: play competitive games and apply basic principles suitable for attacking and defending	Gymnastics JASMINE (social)	Gym (Big Apparatus) JASMINE (cognitive)	NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in	Athletic Activities (Track and Field) JASMINE (creative) NC: To be able to develop flexibility, strength, technique, control and balance	Invasion Games (Basketball) Jasmine (physical) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in

				isolation and in combination.		isolation and in combination.
Year 5	Invasion Games (Football) JASMINE (personal) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in isolation and in combination.	Invasion Games (Netball) JASMINE (social) NC: play competitive games and apply basic principles suitable for attacking and defending. Use running, jumping, throwing and catching in isolation and in combination.	Invasion Games (Basketball) JASMINE (cognitive) NC: play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	Striking and Fielding (Tennis) JASMINE (creative)	Athletic Activities (Track and Field) Jasmine (physical) NC: To be able to develop flexibility, strength, technique, control and balance	Outdoor Adventure Activities (Orienteering) Body Movement (Street Dance)
Year 6	Invasion Games (Basketball)	Invasion Games (Football)	Invasion Games (Hockey)	Invasion Games (Tag Rugby)	Athletic Activities (Track and Field)	Striking and Fielding (Tennis / Cricket)
	JASMINE (personal)	JASMINE (social)	JASMINE (cognitive)	Body Movement (Street Dance)		Jasmine (physical)

N	NC: play competitive	NC: play competitive	NC: To be able to	NC: To be able to	NC: play competitive
g	games, modified where	games, modified where	develop flexibility,	develop flexibility,	games, modified where
a	appropriate [for	appropriate [for	strength, technique,	strength, technique,	appropriate [for
e	example, badminton,	example, badminton,	control and balance	control and balance	example, badminton,
b	oasketball, cricket,	basketball, cricket,			basketball, cricket,
fo	ootball, hockey,	football, hockey,		JASMINE (creative)	football, hockey, netball,
n	netball, rounders and	netball, rounders and			rounders and tennis],
te	ennis], and apply basic	tennis], and apply basic			and apply basic
р	orinciples suitable for	principles suitable for			principles suitable for
a	attacking and defending	attacking and defending			attacking and defending