

Day	After School (3:15 - 4:15pm)
Monday	 <p>Badminton <u>AT LUNCH</u> Yr7, Yr8, Yr9 (PS & TJK)</p> <p>Netball Practice Yr7, Yr8, Yr9 (JSP & SLL)</p> <p>Rugby Practice Set Year Groups Per Week TBC (PS & TJK)</p> 
Tuesday	 <p>Netball Practice Yr10, Yr11 (JSP & VH)</p> <p>Boys Football Practice Yr8, Yr9 & Yr10 (TJK, PS, GI & RTA)</p> 
Wednesday	 <p>Hockey Practice All Year Groups (JSP, SLL)</p> <p>Boys Football Practice Yr7, Yr11 (GMI, TJK)</p> 
Thursday	 <p>Girls Football Week 1: Yr7,8 Week 2: Yr9,10,11 (TBF & LGF)</p> <p>Match Night (All Year Groups)</p> 

Remember: Bring full PE Kit, any medication you may need and refreshments with you for during and after the activities. Be aware some practices may be cancelled if a fixture is on the same night or during poor weather conditions.