

Under 5's Stay and Play @Brixton & Tulse Hill Better Start Area Summer 2022

**LOOKING FOR SOMETHING TO DO WITH YOUR BABY OR TODDLER?
JOIN US FOR SOME FREE, FUN FAMILY PLAYTIME**

Monday	Tuesday	Wednesday	Thursday	Friday
Chatterbox Stay and Play (0-4yrs) @Jubilee 9.45-11.15		Baby and Me (0-12mths) @Jubilee 10.15-11.45	Chatterbox Stay and Play (0-4yrs) @Loughborough 9.45-11.15	
Baby and Me Natural Thinkers (0-12mths) @Loughborough 10.15-11.45	Stay and Play (0-4yrs) @Loughborough 9.45-11.15	Drum and Play (0-4yrs) @Brockwell Park 9.45-11.15	Stay Play and Grow Natural Thinkers (0-4yrs) @Brockwell Park 9.45-11.15	Baby Messy Play (0-12mths) @Loughborough 10.15-11.45
	Stay Play and Grow Natural Thinkers (0-4yrs) @Brockwell Park 1.30-3.00	Baby Chatter time Stay and Play (under 18mths) @Loughborough 1.30-2.30	Natural Thinkers Family Fun (0-4yrs) @Loughborough 1.30-3.00	

TO FIND OUT MORE CALL -02086786530 OR 02072748374

Jubilee Children's Centre Tulse Hill SW2 2JE

Loughborough Children's Centre - Minet Road, SW9 7UA

Brockwell One O'clock Club- Brockwell Park, next to Children's Playground, SW2 2TA
bthcc@jubilee.lambeth.sch.uk

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Adult Learning @ Brixton & Tulse Hill Children's Centres Summer 2022

COURSES	WHAT	TIMES AND DATES
Sharing REAL	Learn ways to support your young children with books, early writing, songs, and rhymes. Find out how to make use of all the print around you in your home, in the streets, and in the shops.	<u>TUESDAY</u> 26 th April, -17 th May 1.15 3.15pm @ Loughborough CC
Creative Wellbeing Course	This course hopes to build confidence, open up awareness of local opportunities and encourage creativity. The course will cover a range of creative topics such as drawing, clay, mosaic, painting, textiles and planning events.	<u>TUESDAY</u> 7th-June-12th July 1.15- 3.15pm @ Loughborough CC
Create a Mosaic	You will be taking part in a joint project, creating a mosaic panel which celebrates the cultural diversity in our community. The mosaic will be displayed at Jubilee children's centre.	<u>TUESDAY</u> 7th June -28th July 1.15- 3.15pm @ Jubilee CC
Circle of Security Parenting Class	Are you interested in learning more about raising a secure child? Are you interested in learning a parenting map that is about tuning in to your relationship with your child? Are you interested in learning how to get quality connection with your children	<u>TUESDAY</u> 10th-May- 5th July (3rd May enrolment) 9.30-11.30 @ Jubilee CC
Hand Sewing Embroidery class	Learn new stitching and embroidery skills including how to mend clothes and make a personalize bag	<u>THURSDAY</u> 28th April- 7th July 1.15- 3.15pm @ Loughborough CC
ESOL	Develop and improve your English speaking, listening, reading and writing skills and become more confident to use spoken English.	<u>MONDAY</u> 25th Apr - 11th July 1- 3.15pm @ Loughborough CC
Natural Thinkers Family Fun	Help prepare the garden for spring planting Join in with Natural Thinkers activities Get active with outdoor activities	<u>THURSDAY</u> 1.30-3.00 @ Loughborough CC

Baby and Us Parenting	Understand your baby's cues. Cope with challenges around feeding, sleep and crying. Interact positively with your baby. Manage parental stress.	<u>MONDAY</u> Starts 9th May—11th July 1.00-3.00pm @ Jubilee CC
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ONGOING SESSIONS	WHAT	TIMES AND DATES
Baby Massage	Baby massage can help you relax, soothe and connect with your baby. Learn and practice baby massage skills during this five-week course. It's also great to get out and socialise with other new parents and carers.	<u>WEDNESDAY</u> 11th May - 8th June 2.00-3.30pm @ Jubilee CC
Rising Stars (KEEN LONDON)	Monthly drop in play sessions Come and speak to experienced and qualified professionals if you are worried or concerned about your child's development	<u>THURSDAY</u> 2nd Thursday of the Month 9.45-11.30am @ Jubilee CC
Bumps to Babies	A four week course for expectant mothers and their partners. We will be covering different topics each week such as feeding, sleep routines and bonding with baby. Each session ends with a relaxing yoga routine	<u>FRIDAY</u> 10.30-11.30am 29 th April -20 th May 10 th June - 1 July @ Jubilee CC
Baby Yoga	Yoga for parents and non walking babies. Learn relaxation and Yoga skills	<u>WEDNESDAY</u> 11.00-12pm @ Loughborough CC
Baby Chattertime Sign and Sing	A session for babies and toddlers under 18 months with the Speech & Language Therapist. Including signs & singing	<u>WEDNESDAY</u> 1.30-2.30 @ Loughborough CC

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