

How do I access support?

How to contact family Support?

- Contact one of the Children's Centres or drop-in.
- Speak to another professional e.g. Health Visitor, Doctor, Midwife or School.
- Refer into DM Better Start Area on
apatten@jubilee.lambeth.sch.uk

What happens after a referral has been made?

- You will be contacted to discuss your needs and given advice regarding services available to you both locally and within the Children's Centre.
- You will both agree what work needs to be done.

How long will you work with me ?

- Until all agreed tasks have been completed and your situation improves.
- Until you have the skills and information to continue to support yourself.

How you can use our services

- You can self-refer by booking an appointment with a Better Start worker
- You can ask a health visitor or other professional to refer you to the Better Start worker.

Where can we meet?

We are here to offer you a listening ear and we can arrange to meet with you face to face at home, in the Children's Centre or a place that suits you.

What you can expect from us

- To be respected and listened to by friendly and approachable staff.
- We will ask you to register with the children's centre.
- We will meet you 1-1 and usually this meeting lasts about 1 hour
- We will discuss your family's needs and agree a plan to support you which may involve referrals to other agencies.

SUPPORT FOR FAMILIES

BRIXTON/TULSE HILL BETTER START AREA

**Jubilee Children's Centre
Tulse Hill, SW2 2JE
02086786530 option 4**



**Efrra@Brookwell Park,
Children's Centre
Brockwell Park**



**Loughborough Children's Centre
Minet rd, SW9 7UA
02072748374**



**BETTER START AREA MANAGER
Androulla Charalambous**

FAMILY SUPPORT



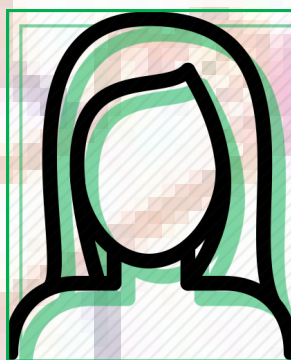
Alison Pattern
Deputy Better Start
Area Manager



Rita Grant
Better Start
Worker



Elaine Patten
Better Start
Worker



Keisha Chambers
Better Start
Worker



Kathy Powers
Better Start
Worker

You know your children best and want the best for them. We don't have all the answers, but we can help you find them by giving you support, information and advice around a range of issues.

We can offer you support with:

- Confidence Building
- Housing problems and homelessness
- Benefits, Finance, Debt, Budgeting
- Emotional Support
- Family Relationships
- Finding work, training and volunteering
- Finding out about local groups for you and your child
- Support in getting your child a place in nursery or school
- Support around transition points, e.g. birth, settling into nursery
- Positive parenting such as managing your child's behaviour and setting boundaries
- Breastfeeding advice
- Parents and child well being
- Family Learning
- Support for children with disabilities and their families
- Referrals to other agencies

We provide a service for children and their families. Age range 0-5

We offer early intervention support, guidance and advice, working in partnership with other Children's Centres, health, schools, parents and carers.

We look forward to meeting you