

## How do I access support?

- ◆ You can self-refer by booking an appointment with a Better Start worker or registering online
- ◆ You can ask a health visitor or other professional to refer you.  
Email: [apatten@jubilee.lambeth.sch.uk](mailto:apatten@jubilee.lambeth.sch.uk)  
or register here:  
<https://forms.lambeth.gov.uk/REGISTERWITHABETTERSTART/launch>

## What happens after a referral

- ◆ You will be contacted to discuss your needs and given advice regarding services available to you at the local Children's Centre
- ◆ You will both agree what work needs to be done.

## How long will you work with me?

- ◆ Until all agreed tasks have been completed and your situation improves.
- ◆ Until you have the skills and information you need to continue support yourself.

## What you can expect from us

- To be respected and listened to by friendly and approachable staff
- We will ask you to register with the children's centre
- We will meet you 1-1 and usually this meeting lasts about 1 hour
- We will discuss your family's needs and agree a plan to support you which may involve referrals to other agencies.



# SUPPORT FOR FAMILIES

## BRIXTON/TULSE HILL BETTER START AREA

**Jubilee Children's Centre  
Tulse Hill, SW2 2JE  
02086786530 option 4**



**Brockwell Park,  
Children's Centre  
02086786530 option 4**



**Loughborough Children's Centre  
Minet rd., SW9 7UA  
02072748374**



**BETTER START AREA MANAGER  
Androulla Charalambous**

# FAMILY SUPPORT



**Alison Patten**  
Deputy Better Start  
Services Manager



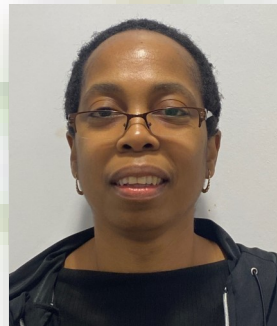
**Rita Grant**  
Better Start Worker



**Elaine Parsons**  
Better Start Worker



**Kimberlin Dunkley**  
Better Start Worker



**Natasha Clarke**  
Better Start Worker  
(5-11)

We provide a service for children and their families. Age range 0-5

We also have a worker (5-11 age range) who works with families, whose children attend Jubilee or Loughborough Primary Schools

We offer early intervention support, guidance and advice, working with a range of partnerships

**Androulla Charalambous**  
Better Start Area Manager

You know your children best and want the best for them. We don't have all the answers, but we can help you find them by giving you support, information and advice around a range of issues.

## BETTERSTART SUPPORT 4U

### Support for applying for:

- ◆ 15 or 30 hours of free early learning and school places
- ◆ Rose Vouchers- (fruit & Veg vouchers)
- ◆ Healthy Start and Vitamin D
- ◆ Food parcels and Foodbank Vouchers

### Support to find out about:

- ◆ Free local groups
- ◆ Where to get help for children with speech delay and disabilities and their families
- ◆ Positive parenting such as managing your child's behaviour and setting boundaries
- ◆ Help with wellbeing and family Relationships
- ◆ Benefits, Finance, Debt and Budgeting
- ◆ Building confidence and making new friends

**We look forward to meeting you**