## Why Stay and Play?

Attending Stay & Play groups is beneficial to you and your child for lots of reasons. These groups provide opportunities for children to interact with others their own age, pick up social skills such as sharing and turn taking, and the chance to play with different toys and equipment and messy activities like paint, sand and water, which they may not do at home. These groups also prepare children for nursery and school by following routines and developing skills for more structured learning by encouraging sitting for songs or stories Circle Time. A Stay & Play group is the at perfect place for you and your child to spend quality play time together and have fun. It also offers you the opportunity to meet other parents in your local community and make friends.

## How does crèche work?

We provide a quality crèche facility for most adult learning courses delivered at the centre.

Children are cared for in a space close to where the parent's will be learning.

The space is set up with age appropriate activities for children to play, have fun and learn.

If you are considering booking your child into one of our crèches, we advise that you attend Stay & Play sessions before hand to get your child familiar with the centre and staff who will be caring for them.

Attending crèche is also helpful to children who's

parents are intending to return to work. Crèche allows children the opportunity to practise separating from their parents for short periods of time.

## What advice can we share with you?

- Transition points, e.g. birth, settling into nursery
- Positive parenting such as managing your child's behaviour and setting boundaries
- \* Parent and child well being
- Potty Training
- \* Child Sleep advice
- \* Child Development
- Developing child's Speech and Language
- Healthy eating and fussy eaters
- Support for children with disabilities
- \* Referrals to other agencies
- Finding out about local groups for you and your child
- Support in getting your child ready for nursery or school







Jubilee Children's Centre



Efrra@Brockwell Park, Children's Centre Loughborough Children's Centre





BETTER START AREA MANAGER Androulla Charalambous 02072748374



What you can expect from us

High quality play and learning services from qualified, professional staff

To be respected and listened to by friendly and approachable staff

We will treat you and your children as individuals and plan and develop a range of activities that suit the needs of your children Sabrina Phipps Deputy Manager Early Years Services



Lynda Ellis Early Years and Family Practitioner

## **The Early Years Team**

You know your children best and want the best for them.

We don't have all the answers, but we can help you find them by giving you support, information and advice around a range of topics.



Michelle Belgrave Senior Early Years and Family Practitioner



Vacant Early Years and Family Practitioner

We look forward to meeting you