



# Baby and Us

**A free, 9 week course to help parents learn practical skills for everyday life**

**Jubilee CC (SW2 2JE)**

**Monday's 1pm—3pm**

**9th May 2022—11th July 2022**

**(No session 30th May—due to half term)**

**Sign up and find out more at**

**[www.lambeth.gov.uk/BabyAndUs](http://www.lambeth.gov.uk/BabyAndUs)**

- Connecting with your baby and understanding their needs
- Looking after yourself and feeling more confident as a parent
- Supporting your baby's development

**For parents with babies aged 0-9 months at the start of the course**



**EMPOWERING  
PARENTS  
EMPOWERING  
COMMUNITIES**

