



Circle of Security Parenting

A FREE 8 week group course supporting you to

- Understand and respond to your child's needs
- Support your relationship with your child
 - Improve your child's self-esteem
 - Be a confident parent

Courses starting in May 2022

At Lambeth Children's Centres:

Jubilee, SW2 2JE, Tuesdays 10:00 - 11:30

Maytree, SW4 8EG, Thursdays 10:00 - 11:30

Limited virtual 1:1s available for parents living in the LEAP area.

**Sign up and find out more at
www.lambeth.gov.uk/COSP**

**For Lambeth families with children aged 4 months to 5 years.
Crèche available. No sessions in half term.**



NHS
South London
and Maudsley
NHS Foundation Trust


Lambeth