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Nebula Newsletter

Autumn 2

abc



Welcome

Welcome back! I hope you had a wonderful half term. My name is Ayisha Salman, and I will be your child's teacher this term.

Throughout the term, we will focus on establishing routines and supporting emotional regulation through consistent visual systems, such as the Zones of Regulation. We will use single-keyword verbal instructions, paired with a photo, symbol, or BSL sign. This approach is designed to ensure children clearly understand expectations and to minimise anxiety and dysregulation.

Literacy & Phonics

In Literacy, we will use sensory story retelling methods, focusing on the stories of Cinderella and Rapunzel. We will discuss the 'who' and 'where' elements of each story to develop comprehension skills. Children will have the opportunity to immerse themselves in these stories and explore them through their senses.

In phonics, we will be learning 'j', 'v', 'w', 'x', 'y', and 'z'

Maths

In Maths, we will explore 2D and 3D shapes. Students will describe these shapes by counting their sides and vertices (corners). We will use a feely bag to discover hidden shapes and match them with the correct symbols.



2D shapes



& 3D shapes

World Learning

In Science lessons, we will learn about humans and animals, focusing on labelling and naming body parts through songs and sensory play. In Art, we will explore colours, identify primary colours, and learn how to create darker and lighter shades by adding black or white paint. During PSHE lessons, we will look at different celebrations.

Sensory Integration

This term, students will participate in a variety of sensory activities during carousel time. Activities will include the use of essential oils, paints, water, dry rice, dry pasta, lights, play foam, and gloop. Please ensure your child has a change of clothes in their bag in case they get messy. If your child has any allergies to specific scents or materials, please inform me.



sensory