

Curriculum Newsletter

Opal Class

Spring 1

Food



Welcome back to a new term in Nursery. Our topic this term is Food, and as part of this we will be preparing and trying different dishes, exploring texture and flavour! We will be focusing on books about foods, like 'The Tiger who Came to Tea', 'The Little Red Hen', and 'Handa's Surprise'. We will continue learning to count groups of objects, and will focus on comparing groups and saying which has more or less. We will use the opportunities brought by cooking and preparing food to learn the language of weight and to discuss capacity.



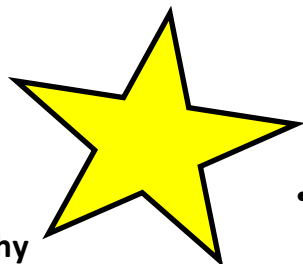
As we prepare food we will expand our vocabulary, with actions such as chopping, grating, folding, and kneading. We will learn about what foods are healthy, and what is unhealthy. We will look at foods from different cultures, with a special focus on Chinese food during Chinese New Year.

You can help your child at home by:

- ◆ Preparing food together. Take time to discuss the weight or measurements of ingredients, or counting how many you need.
- ◆ Discuss food that is important or common to your family or culture.
- ◆ Looking for and identifying numbers in your environment. Maybe go out on a number hunt, looking at doors, buses and other places you might find numerals.
- ◆ Sharing books that the children bring home, talking about characters, settings and what happens in the stories.

Our STAR words that the children will learn, understand and be able to use by the end of the term are:

- **Texture**
- **Flavour**
- **Prepare**
- **Healthy/unhealthy**
- **More/less and fewer**



Key messages

- Please make sure your child comes to school prepared for any weather, as we will always try to spend time outside! Remember warm layers, raincoats and even wellies if it is very wet!
- All children will be provided with a reading record, and will be lent a book to enjoy with you at home. Please fill this in each time you read together, and when you have swapped the book for another at our Lending Library!

In Literacy we will learn how to:

Retell stories using repeated parts of the story and our own words.

Describe where the story is set, and the events and characters in it.

Recognise and write the first letter of own names.

We will:

Share lots of stories and books our teachers and friends.

Write shopping lists, recipes and instructions for cooking

Practice recognising and writing the initial letter in our name.

Drawing pictures to represent our favourite foods.

In Maths we will learn to:

Identify how many objects are in a set; Count objects pointing to one at a time; Recognising when there are more or fewer objects in a set.

Use language of weight and capacity to find how much of different ingredients that we need.

Recognise and name numerals up to 5.

We will:

Find numbers in our environment, and match them to amounts.

Compare the weight and capacity of vessels and ingredients.

Count groups of objects, for example how many ingredients are on a pizza, and compare this with another group, using the language more/fewer.

In Physical Development we will be:

Learning how to use tools to prepare food, such as carefully cutting fruit and grating cheese.

Learning how to write some letters in our names.

Practicing holding pencils with a tripod grip (three fingers)

In Understanding the World: Technology we will:

Learn how to use different simple computing equipment.

Using toys with simple mechanisms.

In Expressive Arts and Design we will be:

Exploring mixing and changing colours.

Discussing different textures, colours and flavours in food.

Singing songs about different food.

Using role play to explore different types of food establishments and careers.

In Personal, Social and Emotional Development we will be:

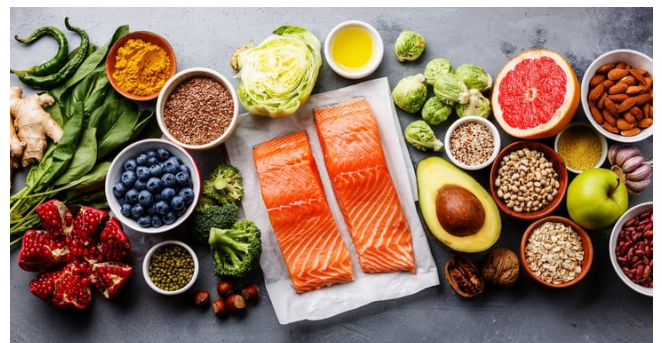
Learning to listen to the ideas of others and give our own ideas.

Practicing turn taking in order to have conversations with each other and with adults.

Sharing toys and taking turns with our friends.

Beginning to think about how our actions affect others.

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In Understanding the World; The world we will be:

Learning about different food types in our community and around the world.

Talking about our favourite foods, and comparing these with our friends favourite foods.

Discussing what foods are healthy, what we should eat each day, and what foods are unhealthy and should be enjoyed only sometimes.