

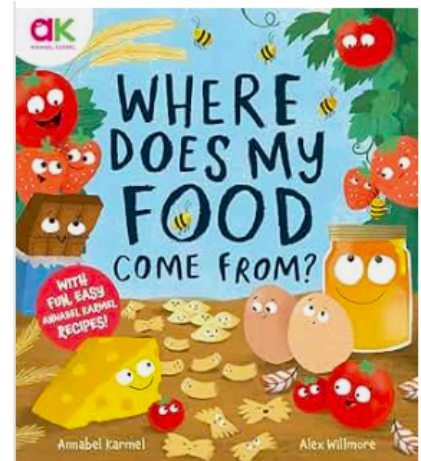
Spring 1

'We are what we eat'

Topaz, Diamond and Sapphire Class

Happy New Year! We hope you had a lovely break and here we are in 2024!

This term our topic is 'We are what we eat'. We will be using this topic to learn about where food comes from, healthy eating and exploring foods from different cultures. We will be making links with ourselves and there will be some tasting of foods too! To help us explore this topic we will be reading 'Where does our food come from?', 'There's a Rang-tan in my bedroom', 'Dragons love Tacos' and 'The Runaway Wok'.



Star Words

Deforestation

Healthy eating

Vitamins

Minerals

Culture

Nutrition

Balanced diet

Produce

You can help your child at home by:

Talking about the foods that they eat and where they originate from.

Involving your child in cooking at home with you.

Discussing how healthy and unhealthy foods impact on your body.

Subitising to 10

Practising numberbonds to 10

Reading with your child each day.

In Literacy we will be:

- Learning Phase 3 phonemes such as, ai, ee, igh (digraphs and trigraphs)
- Writing posters
- Using conjunctions, adjectives and imperative verbs
- Continue to use our phonics knowledge to write simple words such as, CVC words like sheep and boat.
- Writing sentences thinking about using capital letters, finger spaces and full stops.
- Focussing on forming letters correctly.
- Listening to a range of books and discussing what has happened, answering and asking questions about them.

In Maths we will be:

Reception:

- Subitising to 10.
- Using our fingers to represent numbers to 10.
- Learning about composition of numbers to 5.
- In year 1 we will be focusing on place value and addition and subtraction within 20. This will include doubles, solving problems such as finding the missing number, subtracting to find the difference

Music:

In Reception the children will be attending musicianship lessons every Thursday to learn rhythm and patterns through following a beat.

In Year 1, children will start violin lessons each week where they will learn simple rhythm and patterns through songs and learn how to correctly hold and use the violin.

Expressive arts and design Art, Design and Technology:

We will be:

Using various media to create representations e.g pastels to draw fruit, watercolours to paint a rainforest.

Using different materials and mediums to create artwork.

Developing our junk modelling skills

Explaining the materials we have used and why.

Understanding the World:

In Science will be learning about:

- Healthy eating
- Plants, Fruits and Vegetables

In Geography we will be learning about:

- Continents- where does our food come from?
- Comparing foods from different cultures

In R.E we will be learning about:

-Sikhism and the 10 Gurus

In computing will be learning:

-to be digital artists. We will paint blocks of colour, use the undo tool to correct mistakes, paint using different brush strokes, create a painting made up of lots of layers, choose colours to paint on top of a photo and draw an image made up of lines

In Physical Education we will be:

Developing our fine motor through activities that strengthen our hand muscles.

Learning to develop our ball skills by rolling, throwing, catching using different sized balls.

In PSHE

We will be learning to show resilience and perseverance in the face of challenge.

We will learn to think about the perspective of others.

We will learn to identify and moderate our own feelings socially and emotionally.

Key dates for Spring 1:

- Reception Parents Phase 3 Phonics Meeting 16.01.24 from 9-10am.
- Topaz trip to Pizza Express 08.02.24
- Half term 12.01.24 to 18.01.24
- Year 1 to Royal Festival Hall 22.02.24