

We are open for a new kind of normal!

What changes will you see?

The number of children and parents we can welcome to groups will be lower than before to allow space for social distancing to keep you and your children safe. We will make places available to as many families as we can, and will give you priority for a future session if we have to turn you away.

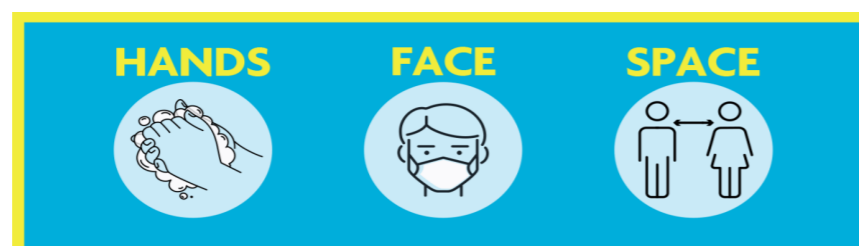
- Some of our group sessions like stay and play may be shorter than previously. This is to allow our staff time to wash and disinfect all the toys and equipment between activities. We won't be able to offer snack time at the moment.
- All face to face sessions will be bookable in advance - and Stay and Play sessions will be small groups, this is so we know who we are expecting and run our children's centres safely.
- We will ask you to sanitize and wash your hands on arrival and at regular intervals.
- If you haven't used Better Start services before, we will ask you to complete a registration form - this is available online, and staff can support you to do this by phone if needed.
- We will make use of outdoor spaces wherever we can to reduce the risk of transmission of the virus and to increase the number of families who we can welcome safely.
- We will continue to offer online activities alongside those in our children's centre buildings.

What do we need you to do to help us reopen services safely?

Please don't attend any sessions if you or your children have any symptoms of coronavirus or feel unwell. Symptoms of coronavirus are:

- A high temperature
- A new, continuous cough
- A loss of, or change to, your sense of smell or taste

If you develop symptoms of coronavirus or if you have a positive test after attending a children's centre, please contact the centre as soon as possible to let them know



Face mask are not required in Stay and Play sessions, as the children rely on faces to communicate.

October 2020 @Brixton & Tulse Hill Better Start Area



Loughborough
02072748374



Jubilee and Effra @ Brockwell Park
02086786530



October @Brixton & Tulse Hill Better Start Area



Monday @Jubilee	Tuesday @Jubilee	Wednesday @Jubilee	Thursday @Jubilee	Friday @Jubilee
Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	1-1 Breastfeeding Support By referral
Small Group Baby and Me 0-12mths 10.30-11.30	Small Group Stay and Play 10.00-11.00		Hear and Play By referral	
English Class 1.15-3.15	Chattertime Live! 10:30 virtually through Facebook live on https://www.facebook.com/EvelinaLondonSLT/	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Health Visitor Appointments 10.00-3.00	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book
Antenatal checks By referral			1-1 Breastfeeding Support By referral	
Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Incredible Edibles By referral		Employment Support 9.30-1.00 Phone consultations available by calling 07961517043	
The Rose Project Collection day By referral	Healthy Child Clinic by appointment 1.00-3.00	Starting Solid Foods (for babies around 6 month) 12.00-1.00 To book your place Email your name, preferred email address and borough you live in to: EYNutrition@gstt.nhs.uk or Contact your Health Visiting SPA line: 0203 049 5300	Citizen Advice 10.00-1.00 Phone consultation available by calling 07961517043	Friday @Effra @Brockwell Park
Monday @Effra @Brockwell Park	Small Group Chatterbox 1.00 -2.00		Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Small Group Stay and Grow 10.00-11.00
Small Group Stay and Play 1.30-2.30	The Rose Project Collection day By referral		Chattertime Live! 2.15 virtually through Facebook live on https://www.facebook.com/EvelinaLondonSLT/	Small Group Stay and Grow 1.00-2.00

REAL APPOINTMENTS 1-1 HOME LEARNING 3.30-4.30

DUE TO SOCIAL DISTANCING ALL SESSIONS ARE BOOKABLE ONLY.
ONLINE SESSIONS/ PHONE SUPPORT/ ACTIVITY PACKS WILL STILL BE AVAILABLE TO ALL FAMILIES
REFERRALS ARE STILL TAKEN AS USUAL

October @Brixton & Tulse Hill Better Start Area



FOR MORE INFORMATION CALL US ON 02086786530

Monday @Loughborough	Tuesday @Loughborough	Wednesday @Loughborough	Thursday @Loughborough	Friday @Loughborough
Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	Small Group Baby and Me 0-12mths 10.30. -11.30	Chat and Play Better Start Appointments
Moorlands Group Small Group Stay, Play, Grow and Eat Coming back soon! Food collection @Southwyck House	The Rose Project Collection day By referral	Small Group Stay and Play 10.00-11.00	Citizen Advice 10.00-1.00 Phone consultation available by calling 07961517043	Health Visitor Appointments 10.00-3.00
	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Healthy Child Clinic by appointment 1.00-3.00	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book
Virtual Breastfeeding Support Group 11.00-12.00 Call 07394724599 to book	Chattertime Live! 10:30 virtually through Facebook live on https://www.facebook.com/EvelinaLondonSLT/	Starting Solid Foods (for babies around 6 month) 12.00-1.00 To book your place Email your name, preferred email address and borough you live in to: EYNutrition@gstt.nhs.uk or Contact your Health Visiting SPA line: 0203 049 5300	Sewing Class 1.30-3.00	The Rose Project Collection day By referral
		Food Collection By referral	Employment Support 9.30-1.00 Phone consultations available by calling 07961517043	Small Group Stay and Play 10.00-11.00
Chat and Play Better Start Appointments	Chat and Play Better Start Appointments	Small Group Chatterbox 1.00 -2.00	Chattertime Live! 2.15 virtually through Facebook live on https://www.facebook.com/EvelinaLondonSLT/	Chat and Play Better Start Appointments
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October @Brixton & Tulse Hill Better Start Area





About our sessions

All sessions must be booked are small numbers or 1-1 appointments

Stay and Play

- ✓ These sessions will be offered to toddlers
- ✓ Sessions are open play with a short social distanced story

Baby and Me

- ✓ These sessions will be offered to Babies 0-12months
- ✓ These sessions offer a Social (distanced) time for parents and time to get face to face with your child.
- ✓ Each family will be provided with their own blanket and toys

Stay and Grow

- ✓ These sessions will be offered to toddlers
- ✓ Sessions will focus on growing, digging, exploring and interacting with the natural outdoor space
- ✓ We will also be linking with Brockwell Park Green Houses

Chatterbox

- ✓ 2-3-year-olds where there are concerns about their child's talking or interaction.
- ✓ Sessions will focus on promoting, encouraging and supporting speech, language and communication development

Stay, Play, Grow and Eat

- ✓ These sessions will be offered to all age groups
- ✓ Sessions will focus on growing, fruit and vegetable distribution and lunch to take home.
- ✓ The sessions are co-run by Healthy Living Platform and Loughborough Farm

Chat and Play (One to one appointments)

- ✓ BSW support appointments

