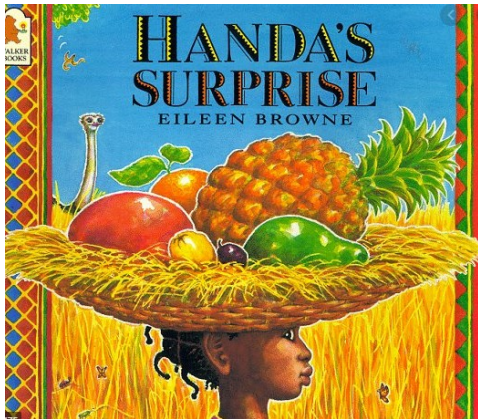


Curriculum Newsletter

Year 1

Spring 1

We are what we eat



This term our topic is 'We are what we eat'. As part of our learning, we will be reading the texts "Handa's Surprise", "The Gingerbread man" and "Dragons love Tacos". We will be learning all about different foods from around the world and finding out where food comes from. We are going to be writing our own recipes based on the food we have learnt about.

The STAR words are the key vocabulary the children will learn, understand and be able to use by the end of the term. This term's star words are:

exercise	growth
food	diet
Healthy	recipes
energy	instructions
fruits	fat
protein	fibre
carbohydrate	

This term's right is Article 24 - Every child has the right to healthy food and clean water.

You can help your child by:

- Reading with your child everyday.
- Looking at recipes from now and the past.
- Involving them in cooking and preparing food.

Key messages:

P.E for 1MG will be on Tuesday and Thursday.

P.E for 1MC will be on Wednesday and Friday.

Please bring in a non-breakable plastic water bottle everyday.

Please can children come into school in their school P.E kits on these days only.

Reading books will be changed on a weekly basis.

Please read for at least 5 minutes with your child everyday and write in the reading record when you have read.

Spring 1- 1MC & 1MG

In PSHE we will be:

Talking about being safe online and in the environment.

Talking about our choices when there is a problem.

Discussing Article 24 - the right to healthy food.



In P.E. we will be learning:

Gymnastics

How we can stay safe and fit by using apparatus.

P.E. is on Tuesday and Thursday (1MG) and Wednesday and Friday (1MC)

PLEASE BRING YOUR CHILD TO SCHOOL DRESSED IN THEIR PE KIT ON BOTH OF THESE DAYS.

In ART we will be:

Learning about different artists and how their work appeals to our senses.

Thinking about how colour, pattern and shape can be used to appeal to the senses.

Creating our own art that shows what we have learnt about the senses.

In MATHS we will be learning about:

Addition and subtraction within 20 - Looking at the parts and whole in an equation. Learning the signs and symbols in addition and subtraction equations.

Reading and writing numbers to 50.

Counting forwards and backwards to 50.

Finding one more and ones less than numbers within 50.

In ENGLISH we will be:

Reading *Handa's Surprise*, *The Gingerbread Man*, and *Dragons love Tacos*

Retelling, recalling and writing stories using story language, adjectives and time conjunctions.

Looking at recipes and focusing on instructional writing and using imperative (bossy) verbs.

Developing our own menus of our favourite foods.

In R.E. we will be learning:

That Islam is a religion and Muslims believe in looking after our world.

That Muslims give thanks for Allah's creation.

The different ways to give thanks.

About Islamic family life, including the birth and naming of a child.

That the Qur'an is treated with respect.

In ICT we will be:

Learning what the term *algorithm* means.

Following and writing instructions.

In SCIENCE we will be:

Learning what our senses are and how we use them.

Learning what happens when we are deprived of our senses.

Using all of our senses to explore the changing state of popcorn and popping our own!

In MUSIC we will be learning:

How to hold the violin correctly and make a sound by plucking strings and using a bow.

Please make sure that you take good care of the violins when they are at home and supervise your child when they are practicing.