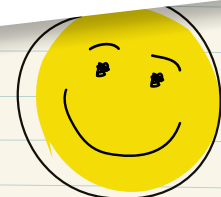


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HAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/lambeth
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/lambeth

Please visit the website for current updates

In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal? ✓

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

FRESH
+
HEALTHY
=
TASTY



ONE

TWO

THREE

AVAILABLE EVERY DAY...

2nd Jan, 23rd Jan, 20th Feb
13th Mar

9th Jan, 30th Jan, 27th Feb
20th Mar

16th Jan, 6th Feb, 6th Mar
27th Mar

Tuna Pasta Bake

Chickpea & Vegetable Pasta Bake (v)

French Bread Pizza (v)

Garden Peas & Carrots

Peach Strudel & Custard

Yoghurt / Fresh Fruit Platter

Beef Chow Mein Stir Fried Vegetables & Noodles

Quorn Chow Mein Stir Fried Vegetables & Noodles (v)

Jacket Potato with a Choice of Filling (v)

Sweetcorn, Pepper Mix & Fresh Broccoli

Cucumber & Lemon Cake

with Lemon Custard

Yoghurt / Fresh Fruit Platter

Roast Chicken with Roast Potatoes & Gravy

Lentil & Vegetable Quorn Roast with Roast Potatoes & Gravy (v)

Vegetable Lasagne (v)

Roasted Seasonal Vegetables & Spring Greens

Iced Fruit Smoothie

Yoghurt / Fresh Fruit Platter

Shepherds Pie

Shepherdess Pie (v)

Tomato & Basil Pasta (v)

Cauliflower & Carrots

Wholemeal Banana Sponge & Custard

Yoghurt / Fresh Fruit Platter

Battered Fish with Oven Baked Chips & Tomato Sauce



Carrot, Courgette & Bean Sausage with Oven Baked Chips (v)

Vegetable & Cheese Pasty with Oven Baked Chips (v)

Baked Beans & Garden Peas

Chocolate & Beetroot Brownie

Yoghurt / Fresh Fruit Platter

Chilli Con Carne with Rice

Vegetable Chilli Con Carne with Rice (v)

Vegetarian Wrap with Rice (v)

Garden Peas & Carrots

Wholemeal Carrot & Courgette Cake

with Custard

Yoghurt / Fresh Fruit Platter

Jerk Chicken with Rice & Gravy

Vegetable Moussaka (v)

Spring Vegetable Risotto (v)

Broccoli & Sweetcorn

Lemon & Mixed Berry Cake with Custard

Yoghurt / Fresh Fruit Platter

Roast Turkey with Roast Potatoes & Gravy

Cheese & Leek Fian with Roast Potatoes (v)

Creamy Salmon Pasta Bake



Cauliflower & Peas

Fruit Jelly & Ice Cream

Yoghurt / Fresh Fruit Platter

Chicken Curry with Fragrant Rice

Vegetarian Curry with Fragrant Rice (v)

Vegetable & Pasta Medley (v)

Green Beans & Carrots

Wholemeal Apple Crumble & Custard

Yoghurt / Fresh Fruit Platter

Fish Fingers with Oven Baked Chips & Tomato Sauce



Cheese & Pepper Whirl

with Oven Baked Chips (v)

Jacket Potato with a Choice of Filling (v)

Baked Beans & Garden Peas

Iced Fruit Smoothie

Yoghurt / Fresh Fruit Platter

Chicken Sausages with Creamed Potatoes & Onion Gravy

Vegetarian Sausages with Creamed Potatoes & Onion Gravy (v)

Cheese & Tomato Quiche with Creamed Potatoes (v)

Carrots & Green Beans

Apple & Berry Crumble with Custard

Yoghurt / Fresh Fruit Platter

Meaty Pizza with Homemade Cajun Wedges

Margherita Pizza with Homemade Cajun Wedges (v)

Jacket Potato with a Choice of Filling (v)

Garden Peas & Cauliflower

Iced Fruit Smoothie

Yoghurt / Fresh Fruit Platter

Roast of Choice with Roast Potatoes & Gravy

Potato & Courgette Layer Bake (v)

Chahan with Quorn (v)

Broccoli & Carrots

Dutch Apple Pie with Vanilla Custard

Yoghurt / Fresh Fruit Platter

Mediterranean Chicken with Rice

Lentil & Spinach Curry with Rice (v)

Macaroni Cheese (v)

Roasted Seasonal Vegetables & Sweetcorn

Chocolate Marble Cake

with Chocolate Sauce

Yoghurt / Fresh Fruit Platter

Fishwich with Oven Baked Chips & Tomato Sauce



Bean & Lentil Burger with

Oven Baked Chips (v)

Red Pepper & Cheese Frittata with Oven Baked Chips (v)

Baked Beans & Garden Peas

Fruit Jelly & Ice Cream

Yoghurt / Fresh Fruit Platter

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V Vegetarian option

Oily fish

Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY