



### What is an ELSA

Emotional Literacy Support Assistant

An ELSA is a specialist Teaching Assistant who works with children who are showing a range of emotional or social difficulties.

At Jubilee, we are very lucky to have two fully trained ELSAs, Ms Williams and Miss Darko. They can be found in the ELSA room in the KS2 corridor



### How does the ELSA work?

Children receive support during the school week. This may be in the classroom, or, where appropriate in a group or individually. Support will be tailored for the child's individual needs. Sessions are designed to be fun and might include activities such as role-play, board games, art and crafts, etc. ELSAs can support in a range of things including: recognising emotions; self-esteem; social interaction; friendship skills; developing independence; anger management; loss and bereavement

	<b>Anger</b> To fight against problems		<b>Joy</b> To remind us what's important
	<b>Anticipation</b> To look forward and plan		<b>Sadness</b> To connect us with those we love
	<b>Disgust</b> To reject what is unhealthy		<b>Surprise</b> To focus us on new situations
	<b>Fear</b> To protect us from danger		<b>Trust</b> To connect with people who help

