Katherines Primary Academy - Spring/Summer 2025 - Week 1

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Beef Bolognaise served with Penne Pasta, Homemade Garlic Bread & Sliced Carrots	Mexican Chicken Wrap served Wholemeal Mexican Rice & Salsa	Ashlyns Pork Sausage Toad served with Roast Potatoes, Seasonal Vegetables & Gravy	American Style BBQ Chicken served with Pasta Twists & Sweetcorn	MSC Battered Cod served with Oven Chips & Baked Beans
Roasted Vegetable & Red Lentil Bolognaise served with Penne Pasta, Homemade Garlic Bread & Sliced Carrots	Mexican Bean Wrap served Wholemeal Mexican Rice & Salsa	Quorn Sausage Toad served with Roast Potatoes, Seasonal Vegetables & Gravy	Mozzarella Cheese & Tomato Pin Wheels served with Pasta Salad & Cucumber Sticks	Cheese & Leek Loaded Potato Skins served with Mixed Salad & Coleslaw
Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Chip Cookie	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Vanilla Sponge Cake	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack

Week commencing - 7th July, 8th September, 29th September

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ... filling

Available Daily ... filling

Jacket Potato with filling

Wholemeal bread

Wholemeal bread

Choice of salads

Water

Option 1

Option 2

Dessert



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

ASHLYNS

High Laver Hall, Ongar, Essex, CM5 0DU Tel: 01277 890411/821 Fax: 0871 431 0608 E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

Katherines Primary Academy - Spring/Summer 2025 - Week 2

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Arrabiata Pasta Bake served with Homemade Herby Garlic Bread & Mixed Salad	Pepperoni Pizza served with a Choice from the Deli Bar Including Potato Salad, Rainbow Coleslaw & Cucumber Sticks	Cajun Chicken served with Sweetcorn, Wholemeal Caribbean Rice & Peas	Ashlyns Hamburger in a Bun served with Seasoned Potato Wedges & Baked Beans	MSC Fish Fingers served with Oven Chips & Garden peas
Macaroni Cheese served with Homemade Herby Garlic Bread & Mixed Salad	Cauliflower & Chickpea Tenders served with a Choice from the Deli Bar Including Potato Salad, Rainbow Coleslaw & Cucumber Sticks	Jerk Chickpea & Roasted Vegetables served with Sweetcorn, Wholemeal Caribbean Rice & Peas	Meat Free Burger in a Bun served with Seasoned Potato Wedges & Baked Beans	Butternut Squash & Cheddar Cheese Roll served with Oven Chips & Baked Beans
Freshly Cut Fruit or Organic Fruit Yoghurt or Reduced Sugar Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Muffin

Week commencing - 14th July, 15th September, 6th October

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ...h filling

Option 1

Option 2

Dessert



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Katherines Primary Academy - Spring/Summer 2025 - Week 3

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

	Monday	Tuesday	Wednesday	Thursday	Friday
F	Creamy Salmon & Leek Pasta Bake served with Mixed Salad & Coleslaw	Beef Chilli Con Carne served with Wholemeal Rice & Sweetcorn	Roast Chicken with Yorkshire Pudding served with New Potatoes, Seasonal Vegetables & Gravy	Ashlyns Pork Sausage in a Roll served with Chunky Homemade Wedges & Baked Beans	MSC Fish Fingers served with Oven Chips & Garden Peas
	Cheese & Tomato Pizza served with Mixed Salad & Coleslaw	Smokey Bean Chilli Con Carne served with Wholemeal Rice & Sweetcorn	Sweet Potato,Red Pepper & Lentil Risotto served with Seasonal Vegetables	Quorn Sausage in a Roll served with Chunky Homemade Wedges & Baked Beans	Spinach & Feta Cheese Spinokopta served with Oven Chips & Garden Peas
	Freshly Cut Fruit or Organic Fruit Yoghurt or Cherry Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or St Clements Sponge	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Reduced Sugar Chocolate Brownie

Week commencing - 30th June, 1st September, 22nd September, 13th October

Available Daily ... filling Available Potato with filling Jacket Potato bread Wholemeal bread Wholemeal bread Choice of salads Water

Option 1

Option 2

Dessert

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

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