WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Burger Bun	Sausage served with	Roast Pork and	Large Yorkshire Pudding	Traditional Fish Cake
	served with Corn Cobette	Mashed Potato &	Stuffing served with	filled with Savoury	Or Salmon Fish Cake
	& Homemade Coleslaw	Gravy	Roast Potatoes and	Turkey Mince served	served with Chips.
	(GLUTEN, EGG, SESAME,	(GLUTEN, SO2)	Gravy	with Baby New Potatoes	(FISH, GLUTEN)
	MILK)		(GLUTEN, SO2)	(EGG, GLUTEN, MILK)	
Vegetarian Main	Vegetable Lasagne served	Vegetable Curry	Quorn Sausage	Spanish Vegetable Rice	Creamy Vegetable
Course	with Garlic Bread	served with 50/50 Rice	served with	Bake	Pie served with
Course	(GLUTEN, EGG, SOYA,	(CELERY, EGG,	Stuffing, roast	(GLUTEN, EGG, MILK,	Chips.
	MILK)	GLUTEN, MILK,	Potatoes and Gravy	MUSTARD, SOYA)	(GLUTEN, MILK)
		MUSTARD, SOYA)	(GLUTEN, SO2)		
Vegetables	Peas & Sweetcorn	Cabbage & Diced	Broccoli & Diced	Swede & Green Beans	Peas & Baked
<u> </u>		Carrots	Carrots		Beans
Dessert	Viennese Whirl Or Fruit	Chocolate Brownie	Orange Cookie Or	Lemon Madeira Cake	Strawberry
	Pot	served with Creamy	Fruit Boat	Or Fruit Pot	Flapjack served
	(GLUTEN, SOYA)	Chocolate Sauce Or	(MILK, EGG,	(GLUTEN, EGG,	with Custard Or
		Fruit Pot	GLUTEN, SOYA)	SOYA)	Fruit boat
		(GLUTEN, EGG,			(MILK, GLUTEN)
		MILK)			
Grab n Go	Tomato and Basil	BBQ Chicken Sub	Tomato and Basil	Cheeseburger	Tomato and Basil
	Pasta	(GLUTEN, CELERY,	Pasta	(GLUTEN, MILK,	Pasta
	(GLUTEN)	EGG, MILK,	(GLUTEN)	CELERY, SESAME)	(GLUTEN)
		SESAME, SOYA)			

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Pick 'n' Mix Sandwich
Sandwich (Wheat, Soya)
Crudites Pot
Dessert
(See daily dessert allergen matrix)
Available daily

Fresh Bread (Wheat, Soya)

Cheese & Crackers (Gluten, Milk)

Cheese & Fresh Fruit and

Salad Selection, Fresh Fruit and

Yoghurts (Milk)

available daily

