







| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|--|
| MEAT MAIN DISH | Sausages & Mashed Potato | Beef Bolognese & Garlic Bread | Roast Gammon & New potatoes | Chicken Korma & Rice | Fish Fingers with chips & ketchup |
| VEGETARIAN MAIN DISH | Cheese & Tomato Omelette & Wedges | Vegetarian Pasta Bake & Garlic Bread | Vegetable Cobbler | Quorn Bolognese | BBQ Bean & Cheese wrap with chips |
| ACCOMPANIMENTS |  Seasonal vegetables Salad bar  Fresh Bread | Seasonal vegetables Salad bar Fresh Bread | Seasonal vegetables Salad bar Fresh Bread | Seasonal vegetables Salad bar Fresh Bread | Seasonal vegetables Salad bar Fresh Bread |
| DESSERTS | Fruit Sponge & Custard | Flapjack | Fruit Jelly | Chocolate sponge & Custard | Cookie of the Day |
| FRESH FRUIT & YOGHURT |   Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt | Fresh fruit and yoghurt |
| JACKET POTATO & SANDWICH SELECTION | Jacket potato and sandwich selection | Jacket potato and sandwich selection | Jacket potato and sandwich selection | Jacket potato and sandwich selection | Jacket potato and sandwich selection |



MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION