

| <b>Overview</b>  |  |                                       |  |   |   |   |
|--|--|---------------------------------------|--|---|---|---|
| At Kenilworth, we use Complete P.E. This is an engaging scheme that encompasses all skills listed in the National Curriculum, from Nursery through to Year 6. Each child progresses through the scheme using interactive videos, high quality lessons and a range of sports. |  |                                       |  |   |   |   |
|  | Autumn 1   | Autumn 2                              | Spring 1   | Spring 2                                    | Summer 1  | Summer 2  |
| PSHE   | Being Me   | Celebrating Difference                | Dreams and Goals                                       | Healthy Me                                  | Relationships   | Changing Me   |
| Curriculum Drivers   | <b>Independence</b>                                | <b>Curiosity</b>                      | <b>Possibility</b>                                     | <b>Resilience</b>                           | <b>Equality</b>   | <b>Aspiration</b>   |
| EYFS   | Dinosaurs<br>Walking 1                             | Feet Skills: Jumping 1<br>Ourselves   | High, Low, Over,<br>Under<br>Moving                    | Ball Skills:<br>Hands 1<br>Nursery Rhymes   | Ball Skills:<br>Hands 1<br>Athletics<br>(Sport's Day Events)    | Ball Skills:<br>Hands 2<br>Rackets, Bats, Balls<br>and Balloons |
| 1  | Playing Games<br>Ball Skills:<br>Hands 1           | Body Parts<br>Ball Skills:<br>Hands 2 | Wide, Narrow, Curled<br>Swimming                       | Feet Skills: Feet 1<br>Dance<br>(Zoo)       | Rackets, Bats and<br>Balls<br>Athletics<br>(Sport's Day Events) | Feet Skills: Jumping 1<br>Team Building                         |
| 2  | Games for<br>Understanding<br>Ball Skills: Hands 1 | Ball Skills: Hands 2<br>Linking       | Gymnastics<br>(Pathways)<br>Swimming                   | Feet Skills: Feet 1<br>Dance<br>(Explorers) | Rackets, Bats and<br>Balls<br>Athletics<br>(Sport's Day Events) | Jumping 1<br>Team Building                                      |
| 3  | Basketball<br>Tennis                               | Canon and Unison<br>Netball           | Gymnastics<br>(Symmetry and<br>Asymmetry)<br>Tag Rugby | Dance<br>(Wild Animals)<br>Football         | Cricket<br>Athletics<br>(Sport's Day Events)                    | Rounders<br>Communication and<br>Tactics                        |

|   |            |                                      |   |                       |                                   |                              |
|---|------------|--------------------------------------|---|-----------------------|-----------------------------------|------------------------------|
| 4 | Basketball | Bridges                              | Gymnastics<br>(Levels and Direction)      | Dance<br>(Space)      | Cricket                           | Rounders                     |
|   | Tennis     | Netball                              | Tag Rugby                                 | Football              | Athletics<br>(Sport's Day Events) | Communication and<br>Tactics |
| 5 | Basketball | Counter Balance &<br>Counter Tension | Gymnastics<br>(Flight)                    | Dance<br>(The Circus) | Cricket                           | Rounders                     |
|   | Tennis     | Netball                              | Tag Rugby                                 | Football              | Athletics<br>(Sport's Day Events) | Problem Solving              |
| 6 | Basketball | Creating Sequences                   | Gymnastics<br>(Matching and<br>Mirroring) | Dance<br>(Carnival)   | Cricket                           | Rounders                     |
|   | Tennis     | Netball                              | Tag Rugby                                 | Football              | Athletics<br>(Sport's Day Events) | Leadership                   |