

How British Values is Taught in Our School – PE Curriculum

The PE Curriculum and Fundamental British Values			
Democracy	Rule of Law	Individual Liberty	Mutual Respect and Tolerance
<p>In the PE curriculum, children are encouraged to participate in physical activities that involve teamwork, collaboration, and decision-making. For example, in team sports such as football, children must work together to make decisions about tactics and strategies. Teachers can facilitate democratic values by encouraging open communication and providing opportunities for children to participate in decision-making about the activities they want to do and how they want to do them.</p>	<p>In the PE curriculum, children learn about the importance of following rules and regulations when participating in physical activities. For example, when playing sports, children must follow rules such as not tripping, pushing, or engaging in dangerous behaviour. Teachers can reinforce this value by emphasizing the importance of rules and regulations, and encouraging children to take responsibility for their actions and to follow the rules to ensure fairness and safety for all participants.</p>	<p>The PE curriculum encourages children to express themselves physically, explore their own abilities and interests, and develop their own unique physical identity. For example, children may have the freedom to choose which physical activities they participate in, which may include dance, gymnastics, athletics, or other forms of movement. Teachers can promote this value by encouraging children to explore their own interests and passions, and by creating a safe and inclusive environment where all children feel comfortable expressing themselves physically.</p>	<p>The PE curriculum teaches children the importance of respecting their peers, coaches, and opponents. For example, children may learn about the importance of congratulating their opponents after a game, and of showing respect to coaches and teachers. Teachers can encourage this value by modelling respectful behaviour themselves, and by emphasising the importance of respect for others in all physical activities.</p> <p>In the PE curriculum, children have the opportunity to learn about different cultural traditions and values through physical activities. For example, children may learn about different forms of dance that are associated with specific cultural traditions, or they may learn about the importance of physical fitness in different cultures around the world. Teachers can promote this value by incorporating activities and lessons that celebrate and respect different cultures and beliefs, and by creating a safe and inclusive environment where all children feel valued and respected.</p>