

Kennington Primary School - PSHE & RSE Curriculum Overview

	Autumn				Spring				Summer			
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	Families and Friendships	Physical Health and Mental Wellbeing	Respectful Relationships	Media Literacy and digital resilience	Safe Relationships	Keeping Safe	Belonging to a community	Money and Work	Brilliant Britain	Growing and Changing	Financial Capability	Self-Awareness/ Sex Education (just y6)
EYFS	Being a good friend Who lives with me?	Hand washing/ healthy foods	Helping others, saying when they need help	Know that there is a range of technology and its uses	Stranger Danger	Basic Internet Safety/ People who help us	My role at Kennington Primary School	What is money? Recognising coins People who help us (jobs)	Whole school learning about BV	Parts of the body	Whole School Money Matters Week - June	Transition Project linked to self-awareness / mental health
Year 1	Roles of different people, families and feeling cared for	Keeping healthy, food and exercise hygiene routines, sun safety	How our behaviour affects others, being polite and respectful	Using the internet and digital devices, communicating online	Recognising privacy; staying safe; seeking permission	How rules and age restrictions help us; keeping safe online	What rules are; caring for others' needs; looking after the environment	Strengths and interests; jobs in the community		Recognising what makes them unique and special; feelings; managing when things go wrong		
Year 2	Making friends, feeling lonely and getting help	Why sleep is important, medicines and keeping healthy, dental health, managing feelings and asking for help	Recognising similarities and differences, playing and working cooperatively Sharing opinions	The internet ; everyday life online content and information	Managing secrets; resisting pressure/ getting help, recognising hurtful behaviour	Safety in different environments; risk and safety at home; emergencies	Belonging to a group; roles and responsibilities; being the same and different in the community	What money is; needs and wants; looking after money		Growing older; naming body parts; moving class or year		
Year 3	What makes a family? Features of family life	Health choices and habits, what affects feelings, expressing feelings	Recognising respectful behaviour, the importance of self-respect, courtesy and manners	How the internet is used; assessing information online	Personal boundaries, safely responding to others; the impact of hurtful behaviours	Risks and hazards; safety in the local environment and unfamiliar places	The value of rules and laws; rights, freedoms and responsibilities	Different jobs and skills; job stereotypes; setting personal goals		Personal strengths and achievements; managing and reframing setbacks		
Year 4	Positive friendships including online	Maintaining a balanced lifestyle	Respecting differences and similarities; discussing difference sensitively	How data is shared and used	Responding to hurtful behaviours. Managing Confidentiality; recognises risks online	Medicines and household products; drugs common to everyday life	What makes a community; shared responsibilities	Making decisions about money; using and keeping money safe		Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty		
Year 5	Managing friendships and peer influence	Healthy sleep habits, sun safety, medicines, vaccines, immunisations and allergies	Responding respectfully to a wide range of people, recognising prejudice and discrimination	How information online is targeted; different media types; their role and impact	Physical contact and feeling safe	Keeping safe in different situations, including responding in emergencies, first aid and FGM	Protecting the environment; Compassion towards others	Identifying job interests and aspirations; what influences career choices; workplace stereotypes		Personal identity; recognising individuality and different qualities; mental wellbeing		
Year 6	Attraction to others, romantic relationships, civil partnership and marriage	What affects mental health and ways to take care of it; managing change, loss, bereavement, managing time online	Expressing opinion and respecting others points of view, including discussing topical issues	Evaluating media sources; sharing things online	Recognising and managing pressure consent in different situations	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Valuing diversity; challenging discrimination and stereotypes	Influences and attitudes to money; money and financial risks		Human reproduction and birth; increasing independence; managing transition		