



KSS

CORE VALUES

Physical Education

Core Value	Meaning	Examples
Leadership	The ability of an individual or a group of individuals to influence and guide followers towards a common goal.	<ul style="list-style-type: none"> • KS3- Sports Leaders (in house), captains, leading warm ups, buddy system. • KS4- Sports Leaders (in house), captains, leading warm ups.
Organisation	The way in which something is done or arranged.	<ul style="list-style-type: none"> • Having the correct kit for every lesson • Being able to organise yourself into groups/ teams. • Organising equipment in lessons
Resilience	The capacity to recover quickly from difficulties.	<ul style="list-style-type: none"> • When faced with a challenging skill, not giving up and mastering it. • Having a continued positive mindset • Having high aspirations • Dealing with: others, emotions, fears • Coping with failure • Overcoming decisions
Initiative	Doing things without being told; you find out what you need to know; you keep going when things get tough; and you spot and take advantage of opportunities that others pass by. You act, instead of reacting.	<ul style="list-style-type: none"> • Warming up at the start of the lesson without being told • Setting up equipment for the lesson • Joining extra curricular clubs • Helping others who are struggling with a skill • Encouraging your team
Communication	The art of sharing meaningful information with others.	<ul style="list-style-type: none"> • Demonstrating skills to others • Motivating your team • Encouraging someone who is less confident • Discussing tactics during a game • Sharing ideas with a group