

# Kingsfield Chronicle

Week ending: 13.05.21

Dear Parents / Carers,

This week we have undertaken another review of reading across the school. It has come to our attention that reading records have not always been written in by staff despite the children reading to an adult in school at least weekly. Hopefully, you will now see the frequency of in-school reading as we have asked staff to write in those records after hearing a child read. We will also be supporting the local library and our children in undertaking the Summer Reading Challenge—more information to follow.

The Active Learning Trust has issued a number of surveys to support staff, parents and children with their mental health particularly in light of the pandemic. You should have received a parental survey link yesterday but in case you have not it can be located at [Parent / Carer Well Being In School Questionnaire \(google.com\)](#). The closing date for completing the survey is Tuesday 18th May 2021. Results will be collated centrally and then specific strategies and programmes of support will be designed to help schools support mental health more widely.

Please can I ask that you remind your children that bicycles and scooters should be dismantled at the school gates.

As always, I hope you have a lovely weekend.

Mrs. Coates



Ready, Respectful, Safe

## Diary Dates

New dates will be added weekly so please do read this section each week.

### May 2021

28th May - PD Day

31st May - 4th June Half term

### June 2021

7th - 11th - Year 2 phonics screening check

16th - Year 3 and 4 skipping day

30th - Cromwell transition day #1

### July 2021

1st - Football Fun day

12th—13th - Year 6 Bikeability

14th - Cromwell transition day #2 and Move Up Day for rest of school

16th - Annual reports issued

21st - Year 6 Leavers' Do

22nd - Summer term ends

### Academic Year 2021-22

#### September 2021

1st - PD Day

## Summer Dates

We have been advised to wait for *Step 4* of the Government's roadmap for the pandemic. This means that many events that take place in May and June will be held but slightly later than usual.

Transition to Cromwell will be on 30th June and 14th July for Year 6 children. 1:1 transition meetings will be held at Cromwell on 10th June.

Move Up Day within school will be held on 14th July to coincide with the majority of current Year 6s being at their secondary school. We have decided that the teacher will move and not the class which is in line with guidelines.

We will be holding year group sports days but, unfortunately, we cannot have parents join us this year. Hopefully, next year will be closer to normal practice. Children will still compete and their points will be collected to see which House team wins! This event will take place throughout June.

Year 6s will be having a leaving celebration on Wednesday 21st July and this will take place during the school day.

Please remember that **Friday 28th May is a PD Day** so half-term starts slightly earlier for families.

All dates can be found on the school website [www.kingsfieldprimary.org](http://www.kingsfieldprimary.org).

## House Points

Well done to all those students in Red team!

Yellow 830

Red 875

Blue 771

Green 823



## Stars of the Week

Today's stars are as follows and they were awarded their certificates in our virtual celebration assembly led by Mrs. Coates:

RE Charlie S.

RM Arthur S.

1G Eva-Lynn G.

1P Amber H.

2Re Bella B.

2Ru Saffron A.

3L Miriam S.

3T Emily M.

4C Daniel F.

4P Malachi F.

5DC Grace M.

5T Alistair B.

6C Erikas P.

6L Sophia R.

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## Adult Mental Health Awareness Week

Ready, Respectful, Safe

It is national Adult Mental Health Awareness week and this year's theme is all about connecting with **nature**. Research shows that nature plays a huge role in protecting and supporting our mental health. The Mental Health Foundation ([www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)) have some great ideas on how you can do this:

### 1. Find nature wherever you are

Nature is all around us. It might be a garden, a local park, a nearby beach or open countryside. Look out for the unexpected – an urban fox on your way out for the early shift, changes in the weather or birdsong outside your window. Try to notice nature wherever you are, in whatever way is meaningful for you.

### 2. Connect with nature using all of your senses

Taking some quiet time to reflect in natural surroundings using all your senses can be a real boost to your mental health. Whether you're relaxing in the garden or on your way to work, try listening out for birdsong, look for bees and butterflies, or notice the movement of the clouds.

### 3. Get out into nature

If you can, try to spend time visiting natural places - green spaces like parks, gardens or forests – or blue spaces like the beach, rivers and wetlands. This can help you reduce your risk of mental health problems, lift your mood and help you feel better about things. If it feels daunting to get outside, try going with a friend or relative, or picking somewhere familiar.

### 4. Bring nature to you

Sometimes it's hard to access natural places because of where you live, how busy you are, how safe you feel or your health. Why not try bringing nature into your home? Having plants in the house is a great way to have something natural to see, touch and smell – pots of herbs from the supermarket are a good start. If you have a garden, allotment or balcony, think about how you can make the most of it. Watching films or TV programmes about nature are also great way to connect with and reflect on nature.

### 5. Exercise in nature

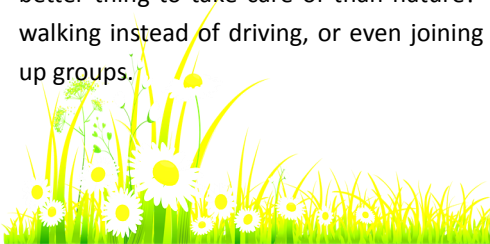
If you're physically able to exercise, try to do it outside – whether it's a run, cycle or a short walk. Walking or running outdoors in nature may help to prevent or reduce feelings of anger, tiredness and sadness. Try leaving the headphones at home – unless you're listening to nature sounds of course! Or why not try new routes that bring you closer to green spaces or water?

### 6. Combine nature with creativity

Try combining creativity with your natural environment. You could increase your sense of connection by taking photos, writing, drawing or painting pictures of the landscape, plants or animals. Noticing the beauty of nature and expressing this creatively can help you find meaning and an emotional connection to nature that will stay with you for a lifetime.

### 7. Protect nature

Taking care of something can be a really great way to feel good and what better thing to take care of than nature? This can be as simple as recycling, walking instead of driving, or even joining community conservation or clean-up groups.



# THANK YOU



## Attendance Update

We are aiming to have brilliant (96%+) attendance all year.

Weekly percentages:

RE	89.2%	RM	93.0%
1G	96.3%	1P	98.3%
2Re	94.8%	2Ru	96.4%
3L	98.0%	3T	98.0%
4C	97.9%	4P	97.9%
5DC	98.4%	5T	96.3%
6C	97.1%	6L	95.0%

Overall school attendance was **96.2%**.

WELL DONE TO **5DC** for having the highest attendance this week.



Last week's Number Day raised £200.10 for the NSPCC.